

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/29/20

PATIENT: HUGHES, JASON **DOB:** 02/07/1978 **Gender:** FEMALE **MRN:** 1208 **AGE:** 42 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: COVID testing

Symptoms: Patient reports mild runny nose and drainage x 1-2 days. Denies fever or any other symptoms.
ModFact: Took Dayquil this morning that helped symptoms

VITALS: BP: 118/69 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 90; **Temp:** 97.2; **Resp:** 14; **Ht:** 69 in.; **Wt:** 176.1 lbs.;
BMI: 26; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Aspirin Low Dose 81 mg tablet, delayed release (1 tab po daily)
Lopressor 50 mg tablet (1 tab po bid)
Prilosec OTC 20 mg tablet, delayed release (1 tablet po daily)
trazodone 50 mg tablet (1 tablet po daily at bedtime)

PAST MEDICAL HISTORY: Bicuspid Aortic Valve regurg., AAA, allergies, depression, heart disease, heart murmur, chicken pox

PAST SURGICAL HISTORY: AAA Repair--5.5 cm--June 2020; difficult intubation

SOCIAL HISTORY: Exercises regularly; Does not live alone; Married; Does not use tobacco;

FAMILY HISTORY: Mother with history of: Heart Disease; Father with history of: alcohol abuse; Maternal Grandfather with history of: heart disease, HTN, sudden cardiac arrest; Maternal Grandmother with history of: breast cancer; Paternal Grandfather with history of: alcohol abuse

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Septum without Deviation; No Septal Perforation; Nasal mucosa moist and pink; No Turbinate Hypertrophy; Sinus nontender;

THROAT: Mild Posterior Nasal Drainage; No Tonsillar Hypertrophy; No exudates;

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

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DERMATOLOGIC: Skin Temperature: Warm Dry; linear surgical scar noted to mid chest--healing

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ORDERS:

COVID-19 PCR Swab (Use this code) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)

R09.82 - POSTNASAL DRIP

PLAN:

COVID-19 PCR Swab---Will notify patient when results available.

May take OTC medications of choice for symptoms

Continue with wearing face covering, social distancing, hand hygiene and quarantine as directed.

Report to ED for new or worsening symptoms.

Follow up PRN or if condition worsens.

Electronically signed by Melodye Harvey, CRNP on 07/29/20 4:00 PM