

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/29/21

PATIENT: ALL, ANITA **DOB:** 01/29/1949 **Gender:** FEMALE **MRN:** 1213 **AGE:** 72 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: bilateral ear pain

HISTORY OF PRESENT ILLNESS: Mrs. All complains of bilateral ear pain and fullness for the past 1-2 weeks. Associated with clear runny nose and scratchy throat. She has a history of year round allergies since moving to Alabama. She alternates claritin and zyrtec every few months with little relief. She also uses nasocort nasal spray. Denies fever, loss of taste/smell, or cough.

VITALS: BP: 168/72 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 55; **Temp:** 97.8; **Resp:** 16; **Ht:** 64 in.; **Wt:** 132 lbs.;
BMI: 22.65; **Pulse Oximetry:** 97%

ALLERGIES: Sulfa (Sulfonamide Antibiotics) (C/O - vomiting); doxycycline ((Urticaria NOS) or (hives))

MEDICATIONS:

Claritin 10 mg tablet (1 tablet daily)
Cymbalta 60 mg capsule, delayed release (1 tablet daily)
Imitrex 6 mg/0.5 mL subcutaneous solution (prn migraines)
MS Contin 15 mg tablet, extended release (1 tablet PO twice daily)
Prolia 60 mg/mL subcutaneous syringe (every 6 months)
chlorthalidone 25 mg tablet (1 tablet daily on M, W, F)
gabapentin 300 mg capsule (1 tablet PO QHS)
levothyroxine 50 mcg tablet (1 tablet daily)
lisinopril 20 mg tablet (1 tablet daily)
megestrol 20 mg tablet (1 tablet PO BID)
metoprolol succinate ER 50 mg tablet, extended release 24 hr (1 tablet daily)
pantoprazole 40 mg tablet, delayed release (1 tablet daily)
trazodone 100 mg tablet (1 tablet PO QHS)

PAST MEDICAL HISTORY: migraines, hypothyroidism, chronic back pain, HTN, HLD, Breast cancer, peptic ulcers

PAST SURGICAL HISTORY: extensive back surgery, bilateral knee and hip replacements, hysterectomy, Bilateral mastectomy.

SOCIAL HISTORY: Works on campus at SON. Drinks alcohol rarely. Denies smoking or illicit drug use.

FAMILY HISTORY: Mother- heart disease and CVA. Father- small cell lung CA and COPD.

HEALTH MX HISTORY:

PCP- Dr. Woodling
Pain Management- Dr. Shinkle
Ortho- Dr. Howell

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/29/21

PATIENT: ALL, ANITA **DOB:** 01/29/1949 **Gender:** FEMALE **MRN:** 1213 **AGE:** 72 Years

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear w/ serous fluid bilaterally. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection

ASSESSMENT:

H65.03 - ACUTE SEROUS OTITIS MEDIA, BILATERAL (PRIMARY)
J30.2 - Other seasonal allergic rhinitis

PLAN:

Given steroid shot in office. Rx for singulair. Continue claritin and nasonex. Follow up as needed.

Singulair 10 mg tablet
Refills: 1 Qty: 90 TABLET(S)
Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING for allergies.

Electronically signed by Lindsey Barton, CRNP on 06/29/21 4:40 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.