

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/16/21

PATIENT: BAILEY, TIMOTHY **DOB:** 11/19/1969 **Gender:** MALE **MRN:** 1222 **AGE:** 51 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: nasal congestion, body aches, headache, lethargy, sore throat, fever that all started this AM.

HISTORY OF PRESENT ILLNESS: Pt is here today with c/o low grade fever, HA, congestion, body aches, fatigue, sore throat. S/ S started this AM. No known exposure. Works in a library. Pt is vaccinated. Denies N/V/D, loss of taste or smell.

VITALS: BP: 130/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 112; **Temp:** 99.8; **Resp:** 16; **Ht:** 207.4 in.; **Wt:** 69 lbs.; **BMI:** 1.12; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Crestor 40 mg tablet (one tab daily PO)
Lasix 20 mg tablet (once daily in the AM)
Ozempic 0.25 mg or 0.5 mg (2 mg/1.5 mL) subcutaneous pen injector (per directions)
Wellbutrin XL 150 mg 24 hr tablet, extended release (one tablet daily)
metformin 1,000 mg tablet (One Tab BID PO)
niacin (inositol niacinate) 500 mg capsule (once daily PO)

PAST MEDICAL HISTORY: Allergies, anxiety, depression, diabetes, hyperlipidemia, hypertension, sinusitis

PAST SURGICAL HISTORY: Vasectomy, Polypectomy (throat), Hemorrhoidectomy

SOCIAL HISTORY: Denies smoking, drinking and drug use

FAMILY HISTORY: Father: Heart disease, hyperlipidemia, hypertension Mother: Heart disease, hyperlipidemia, hypertension, stroke Maternal grandmother: Colon cancer Paternal grandfather: stroke Maternal grandmother: stroke

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COVID-19 PCR Swab (Use this code) (1 unit(s)): Other External
STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)
R50.9 - FEVER, UNSPECIFIED
R09.81 - NASAL CONGESTION
R51.9 - HEADACHE, UNSPECIFIED
R53.83 - OTHER FATIGUE

PLAN:

Pt comes in today with c/o COVID and Flu like s/s. Started this AM, pt is vaccinated. No recent known exposure. COVID/Strep/Flu rapid tests negative in office. Will do PCR COVID test with respiratory panel. Pt agrees. Bromfed Rx to pharmacy. Will call if s/s worsen. Pt agrees to quarantine until results obtained. Will follow up based on test results.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup
Refills: 0 Qty: 120 ML(S)
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS

Electronically signed by Maranda Fain, CRNP on 09/16/21 10:37 AM

M. Fain, CRNP