

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/24/24

PATIENT: KELLEY, JOYCE **DOB:** 08/18/1976 **Gender:** FEMALE **MRN:** 1250 **AGE:** 48 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat

HISTORY OF PRESENT ILLNESS: Pt is a 48 YOF who comes in with c/o swollen lymph nodes and sore throat. She reports having laryngitis last week due to unknown cause. She then reports that Sunday she felt feverish with chills, runny nose, and feeling feverish. Denies body aches, N/V/D, fatigue, cough, congestion. Reports clear drainage. She noticed her sore throat Tuesday without fever, minimal coughing reported.

VITALS: BP: 125/70 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 72; **Temp:** 98.2; **Resp:** 18; **Ht:** 66 in.; **Wt:** 120 lbs.;
BMI: 19.36; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Apri 0.15 mg-0.03 mg tablet
Synthroid 75 mcg tablet (once daily in the AM)
metoprolol succinate ER 25 mg tablet, extended release 24 hr

PAST MEDICAL HISTORY: hypothyroidism. Ovarian cyst. SVT, heart disease.

PAST SURGICAL HISTORY: cardiac stent, endometrial growth removed from ovary in 2008.

SOCIAL HISTORY: denies alcohol, tobacco, and illicit drug use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. + cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA Rapid Test:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)
J00 - ACUTE NASOPHARYNGITIS [COMMON COLD]
R59.9 - ENLARGED LYMPH NODES, UNSPECIFIED

PLAN:

Pt negative for Flu, COVID, Strep. No fever in last 72 hours. No tonsillar exudate or enlargement. Offered Mono Test, pt denied. Will treat as viral common cold illness, return if s/s worsen, fever develops, N/V/D develops, pt has productive cough, pt has sinusitis s/s, or lymph nodes continue to be enlarged with sore throat. Educated on when to return as well as need for repeat strep test and mono test based on continued s/s. Pt is aware. Will call if s/s change or worsen or not better by next week. No new RX. Tylenol and Motrin as needed for pain. Hydrate and rest.

Electronically signed by Maranda Fain, CRNP on 10/24/24 1:30 PM