

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/29/21

PATIENT: KELLEY, JOYCE **DOB:** 08/18/1976 **Gender:** FEMALE **MRN:** 1250 **AGE:** 45 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: right ear clogged

HISTORY OF PRESENT ILLNESS: Pt seen by her PCP recently for sinus infection and ear infection. Prescribed augmenting and nasal spray. No steroid given. She feels her right ear is still "full" or "clogged." She feels pressure.

VITALS: BP: 127/81 **Pulse:** 94; **Temp:** 98.4; **Resp:** 16; **Ht:** 66 in.; **Wt:** 121.1 lbs.; **BMI:** 19.54; **Pulse Oximetry:** 94%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Synthroid 75 mcg tablet (once daily in the AM)
azelastine 137 mcg-fluticasone 50 mcg spray,susp-NaCl 0.9% spray nasal (as directed)

PAST MEDICAL HISTORY: Ovarian Cyst, hypothyroidism

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies ETOH, illicit drug, tobacco abuse. Faculty at AUM, professor.

HEALTH MX HISTORY: Has Menstrual Cycle every 3 months due to OCP.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Nose- septum- midline;

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

H93.8X1 - Other specified disorders of right ear (PRIMARY)
R09.82 - Postnasal drip

PLAN:

Pt here with ear pressure and fullness. Ear exam normal bilaterally. Reports recent sinus infection, still having

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drainage. Will send in medrol dose pack as well as encouraged her to take Claritin. She agrees. Will call if worsens.

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 PACKAGE

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Electronically signed by Maranda Fain, CRNP on 11/29/21 3:01 PM

M. Fain, CRNP