

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/26/22

PATIENT: BARTON, DUSTIN **DOB:** 05/30/1975 **Gender:** MALE **MRN:** 1254 **AGE:** 46 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: COVID like s/s

HISTORY OF PRESENT ILLNESS: COVID exposure 2 weeks ago. Now has cough, dizziness, ringing in ears, wheezing, body aches, chills, low grade fever. COVID vaccinated with booster. Hx of asthma. No hx of HTN.

VITALS: BP: 140/94 **Pulse:** 102; **Temp:** 99.8; **Resp:** 16; **Ht:** 70 in.; **Wt:** 210 lbs.; **BMI:** 30.13; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Medrol (Pak) 4 mg tablets in a dose pack (TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS)
Zetia 10 mg tablet (1 tab PO QHS)
albuterol sulfate HFA 90 mcg/actuation aerosol inhaler (INHALE 2 PUFFS (180 MCG) BY INHALATION ROUTE EVERY 4-6 HOURS AS NEEDED for sob/wheezing)

PAST MEDICAL HISTORY: Diverticulosis, GERD, HLD, asthma, seasonal allergies, sinusitis.

PAST SURGICAL HISTORY: Colonoscopy August 2020. Sinus surgery. Appendectomy.

SOCIAL HISTORY: Dips tobacco. Drinks 2 beers on average most nights of the week. Denies illicit drug use.

FAMILY HISTORY: Mother- COPD, anxiety, HLD, migraines. Father- cirrhosis

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Throat- erythema without exudates. Cervical nodes palpated

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Wheezing bilaterally.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; radial pulses 2+ bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COVID-19 PCR Swab (Use this code) (1 unit(s)): Other External

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Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

Abbott Binax Now Rapid COVID :

Value: Positive

Comment: faint line seen on rapid, will verify with PCR since exposed in medical field.

ASSESSMENT:

Z20.822 - CONTACT WITH AND (SUSPECTED) EXPOSURE TO COVID-19 (PRIMARY)

R05 - COUGH

R51.9 - HEADACHE, UNSPECIFIED

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

U07.1 - COVID-19

PLAN:

Pt has hx of Asthma. Pt COVID positive. Wheezing with cough. Agrees to pick up RX as prescribed. Breztri for asthma control, steroid inhaler. Pt agrees.

Zithromax Z-Pak 250 mg tablet

Refills: 0 Qty: 1 PACKAGE

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 PACKAGE

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Breztri Aerosphere 160 mcg-9mcg-4.8mcg/actuation HFA aerosol inhaler

Refills: 3 Qty: 1 UNIT(S)

Instructions: INHALE 2 PUFFS BY INHALATION ROUTE 2 TIMES PER DAY IN THE MORNING ANDEVENING

Electronically signed by Maranda Fain, CRNP on 01/26/22 1:34 PM

M. Fain, CRNP