

**Auburn Montgomery Student Health Services**

7461 East Dr  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 02/16/21

**PATIENT:** BARTON, DUSTIN    **DOB:** 05/30/1975    **Gender:** MALE    **MRN:** 1254    **AGE:** 45 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** Sinus infection

**HISTORY OF PRESENT ILLNESS:** States he has had sinus issues for about 3 weeks and oral medication has not improved his condition which include claritin flonase, and ibuprofen. Leaving on a trip in 2 days to fly and wants to have some medication prior to help relieve his symptoms. Denies fever, cough, loss of taste/smell, or SOB. He uses a netty pot daily to rinse his sinuses out. History of sinus surgery about 2 years ago.

**ALLERGIES:** No Known Drug Allergies

**MEDICATIONS:**

Medrol (Pak) 4 mg tablets in a dose pack (TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS)  
Zetia 10 mg tablet (1 tab PO QHS)  
albuterol sulfate HFA 90 mcg/actuation aerosol inhaler (INHALE 2 PUFFS (180 MCG) BY INHALATION ROUTE EVERY 4-6 HOURS AS NEEDED for SOB/wheezing)  
ciprofloxacin 500 mg tablet (TAKE 1 TABLET (500 MG) BY ORAL ROUTE EVERY 12 HOURS)

**PAST MEDICAL HISTORY:** Diverticulosis, GERD, HLD, asthma, seasonal allergies, sinusitis.

**PAST SURGICAL HISTORY:** Colonoscopy August 2020. Sinus surgery. Appendectomy.

**SOCIAL HISTORY:** Dips tobacco. Drinks 2 beers on average most nights of the week. Denies illicit drug use.

**FAMILY HISTORY:** Mother- COPD, anxiety, HLD, migraines. Father- cirrhosis

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

**PHYSICAL EXAMINATION:**

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; + frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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**ORDERS:**

THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection  
Rocephin 1G (1 unit(s)): Injection  
Dexamethasone 4mg/ml (1 unit(s)): Injection  
Depo-Medrol 40mg/ml (1 unit(s)): Injection

**RESULTS:**

Rocephin 1G:  
Site Given: Left Gluteus Maximus  
Dosage Given: 1 gram(s)  
Administered By: Morris, Amy - RN

Dexamethasone 4mg/ml:  
Site Given: Right Gluteus Maximus  
Dosage Given: 1 milligram(s)  
Administered By: Morris, Amy - RN

Depo-Medrol 40mg/ml:  
Site Given: Right Gluteus Maximus  
Dosage Given: 40 milligram(s)  
Administered By: Morris, Amy - RN

**ASSESSMENT:**

J01.10 - Acute frontal sinusitis, unspecified (PRIMARY)

**PLAN:**

Given steroid and rocephin shots in office. Rx for cipro and medrol dose pack sent to pharmacy. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 02/17/21 2:26 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.