

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/06/25

PATIENT: KILLMEIER, MATTHEW **DOB:** 07/02/1968 **Gender:** MALE **MRN:** 1255 **AGE:** 56 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: itchy, red eyes

Symptoms: itchy red eyes, watery, feels gritty, feel swollen

Location: bilateral eyes

Duration: 2 weeks

VITALS: BP: 126/78 **Pulse:** 85; **Temp:** 97.2; **Resp:** 16; **Ht:** 73.5 in.; **Wt:** 196.1 lbs.; **BMI:** 25.52; **Pulse Oximetry:** 98%

ALLERGIES: codeine

MEDICATIONS:

Medrol (Pak) 4 mg tablets in a dose pack (TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS)
cephalexin 500 mg tablet (TAKE 1 TABLET (500 MG) BY ORAL ROUTE BID x 10 days)
levothyroxine 50 mcg tablet (1 tablet PO once daily)
mupirocin 2 % topical ointment (APPLY A SMALL AMOUNT TO THE AFFECTED AREA BY TOPICAL ROUTE 3 TIMES PER DAY)
permethrin 5 % topical cream (APPLY (THOROUGHLY MASSAGE INTO SKIN FROM HEAD TO SOLES OF FEET) BY TOPICAL ROUTE ONCE LEAVE ON FOR 8-14 HR, THEN REMOVE BY THOROUGH WASHING; may repeat in 14 days if needed.)

PAST MEDICAL HISTORY: Hypothyroidism, varicose veins, vitamin D deficiency

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Former smoker- quit 10 years ago. Smoked a pipe 3-4 times/day. Drinks 1-2 glasses of wine 3-4 times a week. Denies illicit drug use. Married. Works on campus.

HEALTH MX HISTORY:

Dr. Myrtle Gore is PCP.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted;

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended

MUSCULOSKELETAL: Normal range of movement x 4 extremities;

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

J30.9 - Allergic rhinitis, unspecified (PRIMARY)
H10.11 - Acute atopic conjunctivitis, right eye
H10.12 - Acute atopic conjunctivitis, left eye

PLAN:

allergic conjunctivitis, recommended OTC allergy eye drops-Pataday. Also, recommend annual eye exams as he wears corrective lenses. Pt agrees. No s/s of viral or bacterial infections. Recent runny nose and sinus pressure improved with daily zyrtec use, has flonase-advised to start back.

Electronically signed by Maranda Fain, CRNP on 03/06/25 3:39 PM