

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/13/23

PATIENT: KILLMEIER, MATTHEW **DOB:** 07/02/1968 **Gender:** MALE **MRN:** 1255 **AGE:** 55 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Rash x 1 week

HISTORY OF PRESENT ILLNESS: Mr. Killmeier is a 55 yo male here today for a itchy rash x 1 week. He reports he has recently slept in an Air BNB and a hotel. He has also been out in the yard cutting grass. He has tried calamine lotion and hydrocortisone cream with no relief.

He was treated for a burn injury in May and prescribed silvadene. The burn to his stomach and right arm has healed but the burn to his right ankle is not completely healed.

VITALS: BP: 136/83 **Pulse:** 99; **Temp:** 97.2; **Resp:** 16; **Ht:** 73 in.; **Wt:** 198.8 lbs.; **BMI:** 26.22; **Pulse Oximetry:** 97%

ALLERGIES: codeine

MEDICATIONS:

levothyroxine 50 mcg tablet (1 tablet PO once daily)

PAST MEDICAL HISTORY: Hypothyroidism, varicose veins, vitamin D deficiency

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Former smoker- quit 10 years ago. Smoked a pipe 3-4 times/day. Drinks 1-2 glasses of wine 3-4 times a week. Denies illicit drug use. Married. Works on campus.

HEALTH MX HISTORY:

Dr. Myrtle Gore is PCP.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 1+ DP and PT pulses bilaterally. + multiple varicosities present bilateral lower extremities. Trace pitting edema to bilateral lower extremities.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted. Right lateral ankle healing wound that is red, with a small blister present and the erythema covers the entire ankle in a circle. He has another wound to the right calf in a circular cluster with pinpoint, red, macular lesions that do not blanch. Additionally, He has numerous scattered erythematous, papular lesions to bilateral arms, legs, waist, and entire back.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ASSESSMENT:

L95.9 - Vasculitis limited to the skin, unspecified (PRIMARY)
B86 - Scabies
T14.8XXD - Other injury of unspecified body region, subsequent encounter

PLAN:

permethrin 5 % topical cream
Refills: 1 Qty: 60 GRAM(S)
Instructions: APPLY (THOROUGHLY MASSAGE INTO SKIN FROM HEAD TO SOLES OF FEET) BY TOPICAL ROUTE ONCE LEAVE ON FOR 8-14 HR, THEN REMOVE BY THOROUGH WASHING; may repeat in 14 days if needed.

cephalexin 500 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE BID x 10 days

Medrol (Pak) 4 mg tablets in a dose pack
Refills: 0 Qty: 1 UNIT(S)
Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE
INSTRUCTIONS

Recommended arterial US to r/o arterial disease of lower extremities due to poor wound healing and varicose veins. He states he has had his veins looked at before but not arteries. But agrees that he does have a history of poor wound healing in his legs as compared to normal healing in his arms. He will get back with me or his PCP if he decides to move forward with arterial US.

mupirocin 2 % topical ointment
Refills: 0 Qty: 22 GRAM(S)
Instructions: APPLY A SMALL AMOUNT TO THE AFFECTED AREA BY TOPICAL ROUTE 3 TIMES PER DAY

Electronically signed by Lindsey Barton, CRNP on 07/13/23 10:01 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.