

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/18/23

PATIENT: HERRITY, JULIANNE **DOB:** 04/22/1989 **Gender:** FEMALE **MRN:** 1261 **AGE:** 33 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sore throat, cough

HISTORY OF PRESENT ILLNESS: Ms. Herrity presents to the clinic with complaints of sore throat, dry cough, headache that started six days ago. She reports no fever and symptoms are improving.

VITALS: BP: 110/65 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 76; **Temp:** 98.2; **Resp:** 16; **Ht:** 67 in.; **Wt:** 162.8 lbs.;
BMI: 25.49; **Pulse Oximetry:** 98%; **FDLMP:** 12/21/23

ALLERGIES: Penicillins

MEDICATIONS:

Zoloft 50 mg tablet (TAKE 1 TABLET (50 MG) BY ORAL ROUTE ONCE DAILY for anxiety)
buspirone 5 mg tablet (TAKE 1 TABLET (5 MG) BY ORAL ROUTE 2 TIMES PER DAY as needed for anxiety)

PAST MEDICAL HISTORY: GAD.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Women's soccer coach on campus. denies tobacco and illicit drug use; admits to alcohol use on occasion.

FAMILY HISTORY: Father- HLD; Grandparent- heart disease

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- Erythematous without exudates. Tonsils are erythematous and +1. Anterior cervical nodes present, no posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

STREP A (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

Abbott COVID Rapid Test:
Value: Positive

ASSESSMENT:

U07.1 - COVID-19 (PRIMARY)
J03.90 - Acute tonsillitis, unspecified
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS
R51.9 - Headache, unspecified

PLAN:

Discussed COVID guidelines. She is aware to wearing a mask until Jan 22nd.
Follow up as needed.

Zithromax Z-Pak 250 mg tablet
Refills: 0 Qty: 1 PACKET(S)
Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG)
BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

Electronically signed by Robin Blackwell, CRNP on 01/18/23 3:22 PM

Robin Blackwell CNP