

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/24/25

PATIENT: HERRITY, JULIANNE **DOB:** 04/22/1989 **Gender:** FEMALE **MRN:** 1261 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: cough, sore throat, headache, and body aches

HISTORY OF PRESENT ILLNESS: Ms. Herrity is a 35 yo female here today for cough that is productive at times and also keeps her awake at night. She also c/o sore throat, headache, and body aches but her main issue is the cough. She denies fever or runny nose/congestion.

VITALS: BP: 119/74 **Pulse:** 65; **Temp:** 97.3; **Resp:** 16; **Ht:** 68.25 in.; **Wt:** 159 lbs.; **BMI:** 23.99; **Pulse Oximetry:** 99%; **FDLMP:** 01/24/25

ALLERGIES: Penicillins

MEDICATIONS:

estradiol 2 mg tablet (TAKE ONE TABLET BY MOUTH TWICE DAILY)

levothyroxine 50 mcg tablet (TAKE ONE TABLET BY MOUTH EVERY MORNING ON AN EMPTY stomach)

trazodone 50 mg tablet

PAST MEDICAL HISTORY: GAD. Hypothyroidism. Endometriosis. On estradiol for IVF.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Women's soccer coach on campus. denies tobacco and illicit drug use; admits to alcohol use on occasion.

FAMILY HISTORY: Father- HLD; Grandparent- heart disease

HEALTH MX HISTORY: She has a PCP off campus.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA Rapid Test:
Value: Negative
Comment: Flu A and B negative.

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

J01.90 - Acute sinusitis, unspecified (PRIMARY)
R05.9 - COUGH, UNSPECIFIED
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED

PLAN:

Will treat for acute sinusitis. Rx as per below. Follow up as needed.

clarithromycin 500 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE EVERY 12 HOURS

Medrol (Pak) 4 mg tablets in a dose pack
Refills: 0 Qty: 1 UNIT(S)
Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup
Refills: 0 Qty: 120 ML(S)
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 4 HOURS as needed for cough/congestion

Electronically signed by Lindsey Barton, CRNP on 01/24/25 4:18 PM

L. Barton, DNP, CRNP

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