

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/31/22

PATIENT: HERRITY, JULIANNE **DOB:** 04/22/1989 **Gender:** FEMALE **MRN:** 1261 **AGE:** 32 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Discuss anxiety meds.

HISTORY OF PRESENT ILLNESS: Mrs. Herrity is a 32 yo female here today for anxiety. She states she has had anxiety on and off for the past few years. She is under increased stress and feels anxious most days for the last several months. She has been on xanax before and is inquiring about restarting it. She does not have a PCP in the area.

VITALS: BP: 133/85 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 79; **Temp:** 98.9; **Resp:** 17; **Ht:** 67 in.; **Wt:** 153.6 lbs.;
BMI: 24.05; **Pulse Oximetry:** 98%; **FDLMP:** 03/11/22

ALLERGIES: Penicillins

PAST MEDICAL HISTORY: GAD.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Women's soccer coach on campus. denies tobacco and illicit drug use; admits to alcohol use on occasion.

FAMILY HISTORY: Father- HLD; Grandparent- heart disease

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: + anxious mood and affect.

ASSESSMENT:

F41.1 - Generalized anxiety disorder (PRIMARY)

PLAN:

We discussed her anxiety. She has it most days of the week over the past few months. Recommended she start zoloft daily with buspar as needed. We are unable to prescribe controlled substances at this office such as xanax. She verbalized understanding. Follow up in 3-4 weeks for recheck.

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Zoloft 50 mg tablet

Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (50 MG) BY ORAL ROUTE ONCE DAILY

buspirone 5 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET (5 MG) BY ORAL ROUTE 2 TIMES PER DAY as needed for anxiety

Electronically signed by Lindsey Barton, CRNP on 04/08/22 8:10 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style. The "J" is large and loops around the first part of the name. The "Barton" is written in a series of connected loops, and "CRNP" is written in a more upright, blocky style at the end.