

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/27/21

PATIENT: HERRITY, JULIANNE **DOB:** 04/22/1989 **Gender:** FEMALE **MRN:** 1261 **AGE:** 32 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: rash follow up

HISTORY OF PRESENT ILLNESS: Ms. Herrity is a 32 yo female here today for a follow up for a rash that she presented to the clinic with on 9/13/21. She was diagnosed with poison ivy. She states the rash on her left leg is getting better and she has been using the steroid cream, however, it is spreading. She now has a small area on her back, right leg, stomach, and arms. She reports it itches. She has been taking benadryl otc at night with minimal relief.

VITALS: BP: 122/78 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 66; **Temp:** 97.7; **Resp:** 15; **Ht:** 67 in.; **Wt:** 144.7 lbs.;
BMI: 22.66; **Pulse Oximetry:** 97.7%; **FDLMP:** 09/23/21

ALLERGIES: Penicillins

MEDICATIONS:

triamcinolone acetonide 0.5 % topical cream (APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY)

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Women's soccer coach on campus. denies tobacco and illicit drug use; admits to alcohol use on occasion.

FAMILY HISTORY: Father- HLD; Grandparent- heart disease

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted. + Erythematous maculopapular lesions in clusters to bilateral legs, arms, abdomen, and lower back.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

L25.5 - Unspecified contact dermatitis due to plants, except food (PRIMARY)

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PLAN:

prednisone 20 mg tablet

Refills: 0 Qty: 10 TABLET(S)

Instructions: 2 tablets PO daily for 5 days

clobetasol 0.05 % topical cream

Refills: 0 Qty: 45 GRAM(S)

Instructions: APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY

Vistaril 25 mg capsule

Refills: 0 Qty: 20 CAPSULE(S)

Instructions: TAKE 1-2 CAPSULES BY ORAL ROUTE at bedtime for itching.

Follow up if no improvement or worsening symptoms.

Electronically signed by Lindsey Barton, CRNP on 09/27/21 4:31 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.