

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/16/22

PATIENT: SHUMACK, KELLIE **DOB:** 04/25/1967 **Gender:** FEMALE **MRN:** 1266 **AGE:** 55 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Possible UTI

HISTORY OF PRESENT ILLNESS: Mrs. Shumack is a 55 yo female here today for low back pain on right side and constant dull pain across lower abd for the past 5 days. She currently rates her pain on "6/10" and associated with a little discomfort while urinating. She has been taking tylenol and advil for relief. She states this has happened 8-10 times over the past 2 years since she was taken off tamoxifen when she hit menopause. She states she has only tested positive for a UTI once, but every time symptoms are relieved when she is given antibiotics. She has seen her PCP Dr. Jehle and had a CT abd/pelvis that was reportedly normal. She has seen her GYN as well and prescribed urogesic which gives her some relief. Last symptoms was in April and she was prescribed an antibiotic which gave her relief. She has not been evaluated by a urologist.

VITALS: BP: 118/69 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 77; **Temp:** 96.8; **Resp:** 16; **Ht:** 63 in.; **Wt:** 188.5 lbs.;
BMI: 33.39; **Pulse Oximetry:** 77%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

aspirin 81 mg tablet, delayed release (1 tablet daily)
bisoprolol fumarate 5 mg tablet (1 tablet daily)
levothyroxine 75 mcg tablet (1 tablet daily)
rosuvastatin 5 mg tablet (1 tablet daily)

PAST MEDICAL HISTORY: MVP, breast cancer s/p right lumpectomy tx w/ tamoxifen for 2 years. Cervical disc disease.

PAST SURGICAL HISTORY: Cardiac ablation, right lumpectomy, neck surgery for herniated disc.

SOCIAL HISTORY: Single. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted. No CVA tenderness.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/16/22

PATIENT: SHUMACK, KELLIE **DOB:** 04/25/1967 **Gender:** FEMALE **MRN:** 1266 **AGE:** 55 Years

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

CULTURE, URINE, ROUTINE (QUEST) (1 unit(s)): Quest Diagnostics
UA (1 unit(s)): In-House Lab

RESULTS:

UA:

Appearance: clear
Color: yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.020
Blood: Negative
pH: 5
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Positive
CS: yes
Comments: Leuks- 75.

ASSESSMENT:

R30.0 - DYSURIA (PRIMARY)
R10.30 - Lower abdominal pain, unspecified

PLAN:

Increase water intake. Follow up with urine culture results. Treat with macrobid. Referral to urologist for further eval for recurrent symptoms.

Referral: Arggarwal, Dr. Himanshu (Urology)
Instructions: Recurrent dysuria.

Macrobid 100 mg capsule
Refills: 0 Qty: 14 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE EVERY 12 HOURS WITH FOOD

Pyridium 100 mg tablet
Refills: 1 Qty: 6 TABLET(S)
Instructions: TAKE 1 TABLET (100 MG) BY ORAL ROUTE 3 TIMES PER DAY AFTER MEALS AS NEEDED for bladder spasms.

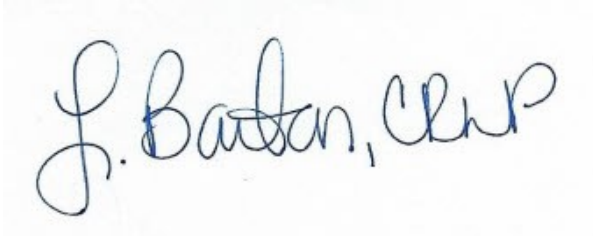
Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/16/22

PATIENT: SHUMACK, KELLIE **DOB:** 04/25/1967 **Gender:** FEMALE **MRN:** 1266 **AGE:** 55 Years

Electronically signed by Lindsey Barton, CRNP on 08/16/22 4:36 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.