

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/01/21

PATIENT: ASHREEN, MOHAMED **DOB:** 07/30/1994 **Gender:** MALE **MRN:** 1272 **AGE:** 26 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Abdominal pain

HISTORY OF PRESENT ILLNESS: Mr. Ashreen presents today for LLQ- middle abdominal pain for the past 6 mo's. The pain is intermittent. He reports he is very gassy and burps occasionally. He has no pain while palpitating the area. He reports when the pain is present he has very hard stools. He denies any spicy foods or alcohol intake. His last BM was yesterday and was hard. Denies blood or mucus in stools. Denies N/V/D. He has not tried any otc med for his pain/stools.

VITALS: BP: 127/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 80; **Temp:** 97.3; **Resp:** 15; **Ht:** 75 in.; **Wt:** 246.7 lbs.;
BMI: 30.83; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Denies any past medical history

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies smoking, drinking and drug use

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted. No CVA tenderness.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics

CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

UA (1 unit(s)): In-House Lab

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RESULTS:

UA:

Appearance: Clear
Color: yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.015
Blood: Negative
pH: 6
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Negative

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ASSESSMENT:

R10.9 - UNSPECIFIED ABDOMINAL PAIN (PRIMARY)
K59.00 - CONSTIPATION, UNSPECIFIED

PLAN:

He first pointed to his LLQ for pain, but he does not currently have any pain. He then pointed closer to his LUQ/umbilicus area. Check labs. Rx for colace for constipation. Follow up in 1 week for recheck.

Colace 100 mg capsule
Refills: 1 Qty: 30 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE twice daily as needed for constipation

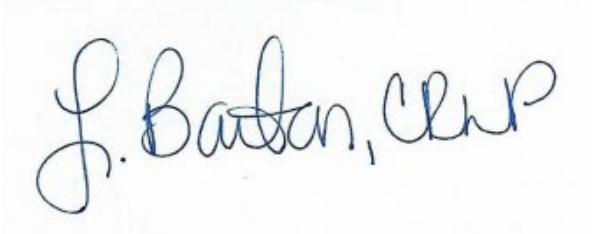
Electronically signed by Lindsey Barton, CRNP on 03/01/21 11:36 AM

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A handwritten signature in blue ink that reads "J. Barton, CNP". The signature is written in a cursive style with a large initial "J" and a stylized "B".