

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/09/21

PATIENT: ASHREEN, MOHAMED **DOB:** 07/30/1994 **Gender:** MALE **MRN:** 1272 **AGE:** 26 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Follow up

HISTORY OF PRESENT ILLNESS: States he has been taking colace and abdominal pain is resolving. He is having normal, regular, soft bowel movements. He continues to have flatulence at times. Denies abdominal pain, n/v/d, blood or mucus in stool.

Has another complaint regarding his skin. Has a rash that was treated before with a cream. Has it again, primarily on chest. Denies any itching.

VITALS: BP: 151/95 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 78; **Temp:** 97.3; **Resp:** 14; **Ht:** 74 in.; **Wt:** 247.1 lbs.; **BMI:** 31.72; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Colace 100 mg capsule (TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE twice daily as needed for constipation)

PAST MEDICAL HISTORY: constipation

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies smoking, drinking and drug use

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted. No CVA tenderness.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions noted. Multiple, scaly, macular, hyperpigmented patches to anterior and posterior trunk.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

K59.00 - Constipation, unspecified (PRIMARY)

B36.0 - Pityriasis versicolor

PLAN:

Continue colace for constipation as needed. OTC Gas-X for flatulence.

Ketoconazole shampoo for tinea versicolor.

ketoconazole 2 % shampoo

Refills: 1 Qty: 1 BOTTLE(S)

Instructions: APPLY TO THE AFFECTED AREA(S), LATHER, LEAVE IN PLACE FOR 5 MINUTES, AND THEN RINSE OFF WITH WATER BY TOPICAL ROUTE ONCE DAILY for 3 days. Dispense quantity sufficient for 3 day supply.

Electronically signed by Lindsey Barton, CRNP on 03/09/21 8:09 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.