

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/18/25

PATIENT: TANEJA, AYUSH **DOB:** 03/28/1989 **Gender:** MALE **MRN:** 1274 **AGE:** 35 Years

VISIT TYPE: Lab Only

CHIEF COMPLAINT: sore throat and cough since last Monday

HISTORY OF PRESENT ILLNESS: 35 year old male presents to clinic with complaints of continued sore throat and cough. He was seen last week in clinic with same complaints and tested negative for Strep, COVID, and Flu. He reports he feels a little better and denies headache, body aches, chest tightness but still has the cough and sore throat. Cough is mostly dry but is productive at times with green sputum.

VITALS: **Pulse:** 75; **Temp:** 96.1; **Resp:** 17; **Pulse Oximetry:** 94%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup (TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS AS NEEDED FOR COUGH AND CONGESTION)

Fish Oil 1,000 mg (120 mg-180 mg) capsule

allopurinol 100 mg tablet (daily)

PAST MEDICAL HISTORY: Asthma when he was younger, no issues in last 10-15 years. and high cholesterol

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Male, heterosexual. Exercises on a regular basis. Drinks a limited amount of alcohol, occasionally.

FAMILY HISTORY: Father has diabetes

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/18/25

PATIENT: TANEJA, AYUSH **DOB:** 03/28/1989 **Gender:** MALE **MRN:** 1274 **AGE:** 35 Years

ORDERS:

STREP A (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Negative

ASSESSMENT:

J06.9 - Acute upper respiratory infection, unspecified (PRIMARY)

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

R05.9 - Cough, unspecified

PLAN:

His strep is negative and his throat, clinically, looks fine today. Offered a steroid shot for post nasal gtt and he declined. Continue bromfed as needed. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 02/18/25 11:37 AM

L. Barton, DNP, CRNP