

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/21/22

PATIENT: TANEJA, AYUSH **DOB:** 03/28/1989 **Gender:** MALE **MRN:** 1274 **AGE:** 32 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: cough since 2/18

HISTORY OF PRESENT ILLNESS: Pt reports cough, post nasal gtt, runny nose, and HA for past 3-4 days. He had a sore throat the first day, but this improved. He reports no fever. Negative home COVID test this am. Denies N/V/D. Recent travel to India. He was taking Amoxicillin 250 mg once daily for 3 days from his home country.

VITALS: BP: 126/83 **Pulse:** 81; **Temp:** 97.1; **Resp:** 16; **Ht:** 71 in.; **Wt:** 223.1 lbs.; **BMI:** 31.11; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Fish Oil 1,000 mg (120 mg-180 mg) capsule
magnesium 200 mg tablet

PAST MEDICAL HISTORY: Asthma and high cholesterol

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Male, heterosexual. Exercises on a regular basis. Drinks a limited amount of alcohol.

FAMILY HISTORY: Father has diabetes

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COVID-19 PCR Swab (Use this code) (1 unit(s)): Other External

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ASSESSMENT:

R51.9 - HEADACHE, UNSPECIFIED (PRIMARY)
R05.9 - COUGH, UNSPECIFIED
J06.9 - Acute upper respiratory infection, unspecified

PLAN:

Negative home COVID test. Will do PCR with resp panel. He agrees. Reports some green and clear drainage. Hx of allergies and sinus infections. Will treat for URI. Will call pt if PCR results positive. He agrees.

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 PACKAGE

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Zithromax Z-Pak 250 mg tablet

Refills: 0 Qty: 1 PACKAGE

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS (TAKE with FOOD)

Electronically signed by Maranda Fain, CRNP on 02/21/22 1:46 PM

M. Fain, CRNP