

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/15/26

PATIENT: TANEJA, AYUSH **DOB:** 03/28/1989 **Gender:** MALE **MRN:** 1274 **AGE:** 37 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sneezing, scratchy throat, nasal congestion, left ear irritation, itchy eyes since this morning

HISTORY OF PRESENT ILLNESS: 37 YO M PTC with L ear irritation, sneezing, itchy eyes, nasal congestion and scratchy throat beginning this morning. Pt has h/o seasonal allergies for which he sporadically takes antihistamines. Pt denies any fever, cough, or body aches.

VITALS: BP: 119/73 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 83; **Temp:** 98.1; **Resp:** 16; **Ht:** 71 in.; **Wt:** 217.4 lbs.;
BMI: 30.32; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Fish Oil 1,000 mg (120 mg-180 mg) capsule
Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension (SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE ONCE DAILY AS NEEDED for allergy symptoms)
allopurinol 100 mg tablet (daily)
losartan 25 mg tablet (daily)
pantoprazole 40 mg tablet,delayed release (as needed)

PAST MEDICAL HISTORY: Asthma when he was younger, no issues in last 10-15 years. and high cholesterol. Seasonal allergies.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Male, heterosexual. Married. Works on campus. Exercises on a regular basis. Drinks a limited amount of alcohol, occasionally.

FAMILY HISTORY: Father has diabetes

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

ORDERS:

STREP A (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)
J30.2 - OTHER SEASONAL ALLERGIC RHINITIS

PLAN:

montelukast 10 mg tablet
Refills: 0 Qty: 90 TABLET(S)
Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING

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Pt instructed to get back on his flonase daily, take zyrtec or claritin daily in the am and singulair at bedtime.

Electronically signed by Breena Till, CRNP on 04/15/26 1:32 PM

A handwritten signature in cursive script, appearing to read "B. Till", is written in dark ink.