

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/03/22

PATIENT: TANEJA, AYUSH **DOB:** 03/28/1989 **Gender:** MALE **MRN:** 1274 **AGE:** 33 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat

HISTORY OF PRESENT ILLNESS: Pt is a 33 YOM who comes in with c/o sore throat. He reports a fever on Monday. His sore throat started Sunday. He had a negative COVID test Monday and Thursday at home. He denies fever today, but he has taken Tylenol. He denies N/V/D, body aches, fatigue.

VITALS: BP: 115/74 **Pulse:** 86; **Temp:** 97.2; **Resp:** 15; **Ht:** 71.5 in.; **Wt:** 214.4 lbs.; **BMI:** 29.48; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Fish Oil 1,000 mg (120 mg-180 mg) capsule
magnesium 200 mg tablet

PAST MEDICAL HISTORY: Asthma and high cholesterol

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Male, heterosexual. Exercises on a regular basis. Drinks a limited amount of alcohol.

FAMILY HISTORY: Father has diabetes

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythema with grade II tonsil enlargement without exudates. + cervical nodes palpated;

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted;

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

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INFLUENZA (1 unit(s)): In-House Lab

Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Negative

INFLUENZA:

Value: Negative

Abbott Binax Now Rapid COVID :

Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)

R50.9 - FEVER, UNSPECIFIED

J06.9 - Acute upper respiratory infection, unspecified

PLAN:

RX to pharmacy. Declined steroid. Tx for URI. Pt educated on how to take antibiotics safely.

clarithromycin 500 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Maranda Fain, CRNP on 06/03/22 8:53 AM

M. Fain, CRNP