

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/03/22

PATIENT: TANEJA, AYUSH **DOB:** 03/28/1989 **Gender:** MALE **MRN:** 1274 **AGE:** 33 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: body aches, fever, chills, headache, and sore throat since last night

HISTORY OF PRESENT ILLNESS: 33 year old male presents to clinic with complaints of body aches, fever, chills, headache, and sore throat that have been present since last night. Patient did have COVID on July 4, 2022 and has no known exposure to flu or COVID at this time.

VITALS: BP: 122/78 **Position:** SITTING **Pulse:** 102; **Temp:** 100.6; **Resp:** 16; **Ht:** 71 in.; **Wt:** 210.3 lbs.; **BMI:** 29.33; **O2:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Fish Oil 1,000 mg (120 mg-180 mg) capsule
magnesium 200 mg tablet

PAST MEDICAL HISTORY: Asthma and high cholesterol

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Male, heterosexual. Exercises on a regular basis. Drinks a limited amount of alcohol.

FAMILY HISTORY: Father has diabetes

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/03/22

PATIENT: TANEJA, AYUSH **DOB:** 03/28/1989 **Gender:** MALE **MRN:** 1274 **AGE:** 33 Years

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COVID Rapid Testing (1 unit(s)): In-House Lab
STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
COVID-19 PCR Swab (Use this code) (1 unit(s)): Other External

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

R50.9 - FEVER, UNSPECIFIED (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R52 - PAIN, UNSPECIFIED

PLAN:

PCR pending. If positive quarantine x 5 days. If asymptomatic/afebrile after 5 days, may resume normal activity. Wear a mask until day 10. If symptomatic, continue quarantine until day 10. VSS. no distress. Continue to treat symptoms OTC. Return to clinic if no improvement or worsening symptoms. Patient verbalized understanding.

Electronically signed by Robin Blackwell, CRNP on 08/03/22 3:16 PM

Robin Blackwell CNP