

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/05/24

PATIENT: TANEJA, AYUSH **DOB:** 03/28/1989 **Gender:** MALE **MRN:** 1274 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat, productive cough, headache, fatigue, and body aches

Symptoms: see above

Quality: productive cough worse in the morning

Severity: HA is only with cough

ModFact: green mucous

Other: I have reviewed and verified, or revised as necessary, the chief complaint and history of present illness information entered by the ancillary staff.

VITALS: BP: 108/77 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 77; **Temp:** 97.3; **Resp:** 18; **Ht:** 71 in.; **Wt:** 221.4 lbs.;
BMI: 30.87; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Fish Oil 1,000 mg (120 mg-180 mg) capsule

allopurinol 100 mg tablet (daily)

PAST MEDICAL HISTORY: Asthma when he was younger, no issues in last 10-15 years. and high cholesterol

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Male, heterosexual. Exercises on a regular basis. Drinks a limited amount of alcohol, occasionally.

FAMILY HISTORY: Father has diabetes

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink with grade II tonsil enlargement without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities;

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/05/24

PATIENT: TANEJA, AYUSH **DOB:** 03/28/1989 **Gender:** MALE **MRN:** 1274 **AGE:** 35 Years

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA Rapid Test:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

R05.9 - COUGH, UNSPECIFIED (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED
Z20.822 - CONTACT WITH AND (SUSPECTED) EXPOSURE TO COVID-19
J06.9 - Acute upper respiratory infection, unspecified

PLAN:

Rx to pharmacy. Education on medications given. Pt will call if fever develops or worsening s/s.

Medrol (Pak) 4 mg tablets in a dose pack
Refills: 0 Qty: 1 PACKET(S)
Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Zithromax Z-Pak 250 mg tablet
Refills: 0 Qty: 1 PACKET(S)
Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS (TAKE WITH FOOD)

Electronically signed by Maranda Fain, CRNP on 12/05/24 9:30 AM