

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/20/22

PATIENT: MANN, RACHAEL **DOB:** 06/23/1983 **Gender:** FEMALE **MRN:** 1279 **AGE:** 39 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: BCBS annual physical

Symptoms: Denies- Does have history of white coat syndrome. She has monitored her BP at home in the past and is always in the 130s range.

VITALS: BP: 178/97 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 81 **BP2:** 201/110 **Site2:** LEFT ARM **Position2:** SITTING; **Temp:** 97.8; **Resp:** 16; **Ht:** 66 in.; **Wt:** 248.3 lbs.; **BMI:** 40.07; **Pulse Oximetry:** 99%; **FDLMP:** 07/04/22

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Pregnancy induced HTN, mono, pregnancy, chicken pox, white coat syndrome.

PAST SURGICAL HISTORY: C-section x 2

SOCIAL HISTORY: Married. Vapes daily. Denies alcohol or illicit drug use.

FAMILY HISTORY: Mother: hypertension Father: Hypertension

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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COVID BOOSTER ADMIN (1 unit(s)): Office Procedure
COVID-19, mRNA, LNP-S, PF (1 unit(s)): Immunizations

RESULTS:

COVID-19, mRNA, LNP-S, PF:
Site Given: Left Deltoid
Dosage Given: 0.3 milliliter(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

Z00.00 - ENCNT FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)
R03.0 - Elevated blood-pressure reading, without diagnosis of hypertension
Z23 - ENCOUNTER FOR IMMUNIZATION

PLAN:

Follow up tomorrow for repeat BP and fasting labs for wellness. Recommend she check her BP at home tonight and in the morning and bring in results with her to appt tomorrow. She verbalized understanding.

Electronically signed by Lindsey Barton, CRNP on 07/20/22 3:01 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.