

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/23/20

PATIENT: MANN, RACHAEL **DOB:** 06/23/1983 **Gender:** FEMALE **MRN:** 1279 **AGE:** 37 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Congestion, fatigue

HISTORY OF PRESENT ILLNESS: Ms. Mann presents today for a sick visit. She reports that on Sunday her symptoms began. She has been experiencing fatigue, cough, chills and headache. She denies any shortness of breath, n/v/d, sore throat, or loss of taste or smell. She has been taking Dayquil and Nyquil with some relief.

VITALS: BP: 149/89 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 62; **Temp:** 98.1; **Resp:** 16; **Ht:** 65 in.; **Wt:** 228.7 lbs.;
BMI: 38.05; **Pulse Oximetry:** 99%; **FDLMP:** 08/14/20

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Pregnancy induced HTN, mono, pregnancy, chicken pox

PAST SURGICAL HISTORY: C-section x 2

SOCIAL HISTORY: Denies

FAMILY HISTORY: Mother: hypertension Father: Hypertension

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; + Bilateral maxillary and frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Rocephin 1G (1 unit(s)): Injection
Decadron 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
COVID Rapid Testing (1 unit(s)): In-House Lab

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RESULTS:

COVID Rapid Testing:
Value: Negative

Rocephin 1G:
Site Given: Right Gluteus Maximus
Dosage Given: 1 unit(s)
Administered By: Havard, Jyssica - MA

Decadron 4mg/ml:
Site Given: Left Gluteus Maximus
Dosage Given: 1 unit(s)
Administered By: Havard, Jyssica - MA

Depo-Medrol 40mg/ml:
Site Given: Left Gluteus Maximus
Dosage Given: 1 unit(s)
Administered By: Havard, Jyssica - MA

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)
J01.90 - ACUTE SINUSITIS, UNSPECIFIED
R03.0 - Elevated blood-pressure reading, without diagnosis of hypertension

PLAN:

Rapid COVID test negative.
PCR with resp panel sent to CORE for confirmation.
Rx for augmentin for Acute sinusitis.

She does not have a PCP. She is not currently on blood pressure medications. She has a history of pregnancy induced HTN in the past. BP today is 149/89. She was given a BP log.
Follow up in 2 weeks for recheck.

PLAN:
Augmentin 875 mg-125 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

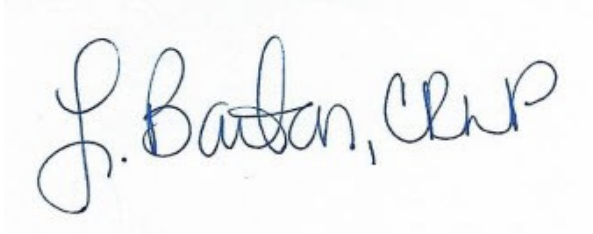
Electronically signed by Lindsey Barton, CRNP on 09/24/20 11:29 AM

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A handwritten signature in blue ink that reads "J. Barton, CNP". The signature is written in a cursive style with a large initial "J" and a stylized "B".