

CONFIDENTIAL Fax

FROM:

BARBARA THOMPSON, NP
645 McQueen Smith Rd N, PRATTVILLE, AL 36066-7268
Phone: (334) 280-1500
Fax: (334) 280-1600

TO:

BARTON, LINDSEY T, CRNP
Fax: (334) 244-3396

This fax may contain sensitive and confidential personal health information that is being sent for the sole use of the intended recipient. Unintended recipients are directed to securely destroy any materials received. You are hereby notified that the unauthorized disclosure or other unlawful use of this fax or any personal health information is prohibited. To the extent patient information contained in this fax is subject to 42 CFR Part 2, this regulation prohibits unauthorized disclosure of these records.

If you received this fax in error, please visit www.athenahealth.com/NotMyFax to notify the sender and confirm that the information will be destroyed. If you do not have internet access, please call 1-888-482-8436 to notify the sender and confirm that the information will be destroyed. Thank you for your attention and cooperation.
[ID:8977939-H-11015]

MANN, Rachael (id #345971, dob: 06/23/1983)



MONTGOMERY
CARDIOVASCULAR
ASSOCIATES, P.C.



A BAPTIST HEALTH FACILITY

ENCOUNTER REASON/DATE

Cardiac Evaluation and Management

03/02/2026 - 03:00PM - BH MCA Prattville

This is a summary of today's visit. Full record of visit is available upon request.

HISTORY OF PRESENT ILLNESS

Mrs. Mann is a 42-year-old female patient followed by Dr. Sharma. She returns for ongoing evaluation and management of hypertension. She plans to have a hysterectomy we will need preoperative risk stratification. She was seen in February of last year and was doing quite well. EKG performed this morning for prep was essentially normal. Echocardiogram in October 2023 is essentially normal. Renal duplex study was normal.

PROBLEMS

Reviewed Problems

* Essential hypertension

ADDITIONAL PAST MEDICAL HISTORY

Discussed Past Medical History

Hypertension: Y

SURGICAL AND PROCEDURAL HISTORY

Discussed Surgical & Procedure History

- * Cesarean Section - 2209 2013
- * Echocardiogram - 10/26/2023 - EF 65-70%, normal echo
- * Duplex Renal U/S - 03/13/2023 - normal renal arteries bilaterally
- * Echocardiogram - 12/16/2022 - EF 65-70%, normal

MEDICATIONS

Reviewed Medications

buprenorphine 8 mg-naloxone 2 mg sublingual film
PLACE 1 FILM UNDER TONGUE TWICE A DAY

02/07/26 filled

losartan 25 mg tablet Take 1 tablet(s) every day by oral route for 90 days.

03/02/26 prescribed

every other week injection

02/25/25 entered

semaglutide (weight loss) Internal Note: has stopped for surgery

3/2/26 pt didn't bring meds, reviewed verbally. fd

11/27/2023 Pt did not bring meds, reviewed verbally AW

8/25/2023 Patient did not bring medications today EHM

ALLERGIES

Reviewed Allergies

NKDA

VITALS

Ht: 5 ft 5 in
03/02/2026 02:57
pm

Wt: 203.6 lbs
03/02/2026 03:05
pm

BMI: 33.9 03/02/2026
03:05 pm

BP: 133/82 sitting
03/02/2026 03:05
pm

HR: 68 03/02/2026
03:07 pm

PHYSICAL EXAM

MANN, Rachael (id #345971, dob: 06/23/1983)

Constitutional: General Appearance: well-nourished, well-developed, and appears stated age. Level of Distress: comfortable. CSHA Clinical Frailty Assessment 2: Well appearing.

Psychiatric: Mental Status: normal affect, concentration, mood, and attention span and alert, cooperative, and cognition intact. Orientation: oriented to time, place, and person.

HEENT: Head: normocephalic and atraumatic. Mouth, Lips, Teeth: normal dentition. Ears: normal hearing.

Eyes: Pupils: PERRLA and EOM intact.

Neck: Neck: supple and normal ROM. Carotid Arteries: no bruits or thrills and bilateral normal upstroke. Jugular Veins: normal jugular venous pressure.

Lungs: Respiratory Effort: unlabored. Chest Exam: no thoracic deformity or chest wall tenderness and normal curvature. Percussion: resonant. Auscultation: no wheezing, rales, or rhonchi and clear bilaterally.

Cardiovascular: Precordial Exam: no heaves or precordial thrills and non displaced focal PMI. Rate And Rhythm: regular rate and rhythm. Heart Sounds: no rub, gallop, or click and normal S1 and physiologically split S2. Systolic Murmur: not heard. Diastolic Murmur: not heard. Extremities: no cyanosis, edema, clubbing, or peripheral signs of emboli and normal temperature and capillary refill.

Peripheral Pulses: Pulses of Chest and Abdomen: no palpable aortic enlargement or audible aortic bruit. Radial Pulse: normal. Posterior Tibialis Pulse normal. Dorsalis Pedis Pulse: normal.

Abdomen: Inspection and Palpation: non distended or tender and soft and no masses.

Musculoskeletal: Inspection: no joint tenderness or swelling.

Neurologic: Gait: normal gait. Motor: normal strength and tone. Neurological: speech fluent.

Skin: Inspection and Palpation: skin intact and warm and dry.

ASSESSMENT AND PLAN

Presents for preoperative risk stratification. She does not have underlying coronary artery disease. Surgery is considered moderate risk with a 1-5% risk of major cardiac event. Revised cardiac risk index places her at a class 1 risk with a 0.4% risk of major cardiac event. I have asked that she take her losartan the morning of the procedure. Follow with us in 1 year

1. *Essential hypertension* -
well controlled on present medical regimen.

I10: Essential (primary) hypertension

■ losartan 25 mg tablet - Take 1 tablet(s) every day by oral route for 90 days. Qty: (90) tablet
Refills: 3 Pharmacy: WALGREENS DRUG STORE #07746

2. *Preop cardiovascular exam*

- Patient presented today for preoperative risk assessment. They appear to be stable from a cardiac standpoint. I have discussed with patient that unless there is the interim development of cardiac complaints, they should be of acceptable risk from a cardiac standpoint for the necessary surgery. Blood thinners may be interrupted 5 days prior to surgery and resumed afterwards. All other cardiac medications should be continued during the perioperative period.
Z01.810: Encounter for preprocedural cardiovascular examination

Patient Instructions

- Patient has been advised to continue all medications as listed above. I have not made any changes today.

Discussion Notes

- I have discussed the importance of keeping the blood pressure at or below 130/80 to prevent stroke, heart attacks, kidney failure, blindness, and loss of limbs.

Return to Office

■ Ashwini Sharma, MD for Return MD at BH MCA Prattville on 03/09/2027 at 02:15 PM

MANN, Rachael (id #345971, dob: 06/23/1983)

Electronically Signed by: BARBARA THOMPSON, NP

Barbara Thompson LNP