

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/19/20

PATIENT: SCARBROUGH, DIAMOND **DOB:** 09/06/2001 **Gender:** FEMALE **MRN:** 1288 **AGE:** 18 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Patient presents today for a rash localized to her bilateral upper arms and legs. This has been bothersome for the last 3-4 days. At times, she experiences itchiness, puffiness, and is intermittently painful.

She has not had a change in laundry detergent or meds but did grab the wrong soap. Typically she uses sensitive but grabbed a different fragrance of the same brand.

She admits to experiencing some stress recently due to school starting. Denies sore throat, fever, or SOB or difficulty breathing.

She has not tried any OTC meds for relief.

VITALS: BP: 138/67 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 73; **Temp:** 97.3; **Resp:** 16; **Ht:** 63.7 in.; **Wt:** 238 lbs.;
BMI: 41.23; **Pulse Oximetry:** 98%; **FDLMP:** 07/23/20

GROWTH PERCENTILES:

Weight/Age: >97

Height/Age: 42

Weight/Height: N/A

BMI/Age: >97

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Nexplanon 68 mg subdermal implant

PAST MEDICAL HISTORY: Sickle cell trait

PAST SURGICAL HISTORY: No surgeries documented

SOCIAL HISTORY: Does not smoke or drink

FAMILY HISTORY: Mother and Father healthy. Maternal Grandmother- sickle cell disease.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

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INTEGUMENTARY: Warm, dry, intact. No lesions noted. Erythematous, raised, maculopapular rash with well defined borders in clusters to bilateral inner arms and inner upper thigh area.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Decadron 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

Decadron 4mg/ml:
Site Given: Left Hip
Dosage Given: 1 unit(s)
Administered By: Havard, Jessica - MA

Depo-Medrol 40mg/ml:
Site Given: Left Hip
Dosage Given: 1 unit(s)
Administered By: Havard, Jessica - MA

ASSESSMENT:

L50.9 - Urticaria, unspecified (PRIMARY)

PLAN:

Urticaria- most likely from change in soap recently. D/c new soap. Benadryl 1 tab PO at night for itching and hives. Given steroid shot in office. Rx for triamcinolone cream as needed. Follow up if worsening symptoms or no improvement.

triamcinolone acetonide 0.1 % topical cream

Refills: 0 Qty: 15 GRAM(S)

Instructions: APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER day as needed for rash

Electronically signed by Lindsey Barton, CRNP on 08/19/20 2:26 PM



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