

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/20/20

PATIENT: REYNOLDS, MAHOGANY **DOB:** 07/26/2002 **Gender:** FEMALE **MRN:** 1292 **AGE:** 18 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Birth control

Symptoms: Patient presents today in office for a visit regarding birth control. Around 1 year ago she was on Lo-Ovral 28 tablets. She has since ran out. When she first started taking birth control it made her feel dizzy and nauseous at times but after a few days the symptoms resolved. She would like a refill. She ran out due to COVID pandemic and didn't get a chance to have it refilled. She reports regular monthly menses, but are heavy and has cramps. She is sexually active. She has 1 partner. She reports consistent condom use.

Of note, she has never had a PAP smear and is currently sexual active.

VITALS: BP: 104/68 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 102; **Temp:** 98.5; **Ht:** 61.3 in.; **Wt:** 119 lbs.; **BMI:** 22.26; **Pulse Oximetry:** 97%; **FDLMP:** 07/28/20

GROWTH PERCENTILES:

Weight/Age: 39

Height/Age: 13

Weight/Height: N/A

BMI/Age: 60

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Right pinky surgery=-2015

SOCIAL HISTORY: Denies smoking or drinking

FAMILY HISTORY: Denies

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

UHCG (1 unit(s)): In-House Lab
GC AND CHLAMYDIA COLLECTION (1 unit(s)): In-House Lab
URINE PREG TEST (1 unit(s)): In-House Lab (DELETED)

RESULTS:

UHCG:
Value: Negative

ASSESSMENT:

Z30.9 - ENCOUNTER FOR CONTRACEP MANAGEMENT UNSPECIFIED (PRIMARY)
Z11.3 - ECT SCREEN FOR INFECT W SEXL MODE OF TRANSMISS

PLAN:

Birth control prescribed for 1 year. Follow up in 1 year and as needed.
She was advised to use back up birth control method if she takes any antibiotics.
We also discussed that BCP does not protect against HIV and STDs.

Lo-Ovral 28 (Norgestrel/ethinyl estradiol) 1 tab PO QD disp #84 w/ 3RF. Called in to CVS on Atlanta Hwy.

Electronically signed by Lindsey Barton, CRNP on 08/20/20 2:34 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.