

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/06/21

PATIENT: ODOM, MARIE **DOB:** 05/13/1959 **Gender:** FEMALE **MRN:** 1302 **AGE:** 61 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: COVID exposure

HISTORY OF PRESENT ILLNESS: States she was exposed to a family member on 12/29-12/30 with COVID. Denies any symptoms at this time. BP was elevated when she went to the ER last week for a foot injury. States it is usually lower.

VITALS: BP: 171/94 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 98; **Temp:** 97.7; **Resp:** 14; **Ht:** 64 in.; **Wt:** 195 lbs.;
BMI: 33.47; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

citalopram 20 mg tablet

PAST MEDICAL HISTORY: Depression, endometriosis, pregnancy, chicken pox

PAST SURGICAL HISTORY: BTL

SOCIAL HISTORY: Does not exercise. No history of abuse. Denies use of recreational drugs, tobacco or alcohol. No recent declines in ADLs except for some limited mobility due to injured foot,

FAMILY HISTORY: Extensive family history of HTN, Mother with heart disease high cholesterol and HTN. Father=prostate cancer, heart disease and HTN.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

COVID Rapid Testing:

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Value: Negative

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)

R03.0 - Elevated blood-pressure reading, without diagnosis of hypertension

F32.9 - Major depressive disorder, single episode, unspecified

PLAN:

Will need to self isolate for 14 days from date of exposure. Continue to wear mask and handwash. Monitor for symptoms. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 01/06/21 5:01 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.

TIME SPENT:

15 Minutes