

**Auburn Montgomery Student Health Services**

7461 East Dr  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 10/05/20

**PATIENT:** MCINNIS, SHAYLA    **DOB:** 04/13/1987    **Gender:** FEMALE    **MRN:** 1306    **AGE:** 33 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** Covid exposure

**HISTORY OF PRESENT ILLNESS:** Covid exposure. Had two students with covid about 1-2 weeks ago. She reports being within 6 ft of them for at least 15 min. Had a headache, dry cough, and sore throat 2 days ago, however symptoms have resolved. No underlying issues. Denies fever, SOB, sinus drainage/congestion, loss of taste/smell, n/v/d. She would like a COVID test.

**VITALS:** BP: 102/88    **Site:** LEFT ARM    **Position:** SITTING;    **Temp:** 98.8;    **Resp:** 16;    **Ht:** 63.5 in.;    **Wt:** 263.3 lbs.;    **BMI:** 45.91;    **FDLMP:** 10/04/20

**ALLERGIES:** Flagyl ((Urticaria NOS) or (hives))

**MEDICATIONS:**

No Known Medications

**PAST MEDICAL HISTORY:** Headaches

**PAST SURGICAL HISTORY:** Right knee acl tear, right knee arthroscopy

**SOCIAL HISTORY:** Denies smoking, drinking or drug use

**FAMILY HISTORY:** Mother: Diabetes, Hypertension

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

**PHYSICAL EXAMINATION:**

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

**ORDERS:**

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FLU SHOT NON BILLABLE TO INSURANCE (1 unit(s)): Injection  
COVID-19 PCR Swab (Use this code) (1 unit(s)): Quest Diagnostics

**ASSESSMENT:**

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)  
Z23 - Encounter for immunization  
J02.9 - Acute pharyngitis, unspecified  
R51.9 - Headache, unspecified

**PLAN:**

Symptoms have resolved. Self-isolate pending COVID results. OTC tylenol or motrin as needed for headache. OTC antihistamines as needed for sore throat/cough. She verbalized understanding.

Electronically signed by Lindsey Barton, CRNP on 10/05/20 2:11 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.