

**Auburn Montgomery Student Health Services**

7461 East Dr  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 11/18/20

**PATIENT:** RAGLAND, SARAH    **DOB:** 10/26/2011    **Gender:** FEMALE    **MRN:** 1309    **AGE:** 9 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** Fever x 2 days

**HISTORY OF PRESENT ILLNESS:** Presents with fever, nausea, runny nose, cough, sore throat, congestion that has been ongoing for the last two days. Pt. went hiking with a large group on Saturday. Cough is described as "wet" by pt. father who also stated she was having yellow nasal discharge. Pt. said the sore throat was the worst symptom and is associated with dysphagia. Pt. has been tolerating clear liquids and soft foods with no change in appetite.

**VITALS:** BP: 96/62 Site: LEFT ARM Position: SITTING Pulse: 71; Temp: 100.6; Resp: 13; Ht: 56.1 in.; Wt: 70.5 lbs.; BMI: 15.74; Pulse Oximetry: 98%

**GROWTH PERCENTILES:**

Weight/Age: 64

Height/Age: 91

Weight/Height: N/A

BMI/Age: 38

Head Circumference/Age: N/A

**ALLERGIES:** No Known Drug Allergies

**MEDICATIONS:**

No Known Medications

**PAST MEDICAL HISTORY:** Denies

**PAST SURGICAL HISTORY:** Denies

**SOCIAL HISTORY:** Lives with parents.

**FAMILY HISTORY:** Father- HTN

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: All negative for chills, vomiting, dizziness, fatigue, infertility, & malaise. Positive for fever and nausea.

HEENT: All negative for sinus pain, earache, bleeding gums, hearing loss, nose bleeds, tinnitus, & rhinorrhea. Positive for cough, runny nose, sore throat dysphagia, and hoarseness.

EYES: All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for hemoptosis, orthopnea, shortness of breath, sputum, and wheeze. Positive for cough.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

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**MUSCULOSKELETAL:** All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

**NEUROLOGIC:** All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

**PHYSICAL EXAMINATION:**

**GENERAL:** GENERAL: No apparent distress noted; Appropriately developed for age; Pleasant.

**HEENT:** Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- diffuse erythema and swelling without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

**CARDIOVASCULAR:** S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

**RESPIRATORY:** Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

**MUSCULOSKELETAL:** Normal range of movement x 4 extremities.

**INTEGUMENTARY:** Warm, dry, intact. No lesions or rash noted.

**NEUROLOGIC:** Alert and Oriented X3. Speech clear. Ambulates with steady gait.

**PSYCHIATRIC:** Appropriate mood and affect.

**ORDERS:**

STREP A (1 unit(s)): In-House Lab  
INFLUENZA (1 unit(s)): In-House Lab  
COVID Rapid Testing (1 unit(s)): In-House Lab

**RESULTS:**

STREP A:  
Value: Negative

INFLUENZA:  
Value: Negative

COVID Rapid Testing:  
Value: Negative

**ASSESSMENT:**

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)  
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED  
R50.9 - Fever, unspecified

**PLAN:**

PCR for COVID with URI panel sent for confirmation. Recommended tylenol or otc ibuprofen as needed for fever. Will need to self-isolate until PCR returned. Father verbalized understanding.

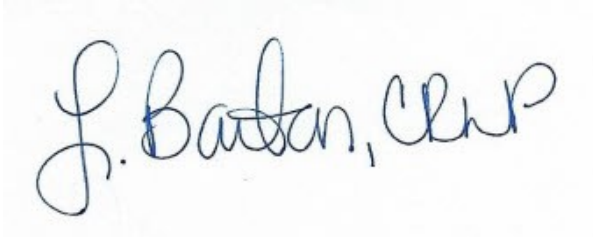
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Electronically signed by Lindsey Barton, CRNP on 11/23/20 4:11 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive style with a large initial "J" and a clear "Barton, CRNP" following it.