

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/13/21

PATIENT: DELAPEDRA, TATIANA **DOB:** 08/25/1985 **Gender:** FEMALE **MRN:** 1312 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: UTI

HISTORY OF PRESENT ILLNESS: Ms. Delapedra presents today for a possible UTI. She reports intermittent dysuria x 2 weeks. She reports incontinence and voiding trouble as well as discomfort in her suprapubic abdominal area. Denies vaginal discharge. She gets up several times at night to void. She was treated in January with cipro for 3 days and symptoms returned. She was then treated with Macrobid in February and symptoms resolved, then returned 2 weeks ago. No history of UTIs prior to January.

VITALS: BP: 113/74 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 66; **Temp:** 98; **Resp:** 16; **Ht:** 62 in.; **Wt:** 132.4 lbs.;
BMI: 24.21; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Mirena 20 mcg/24 hours (6 yrs) 52 mg intrauterine device

PAST MEDICAL HISTORY: Pregnancy, Chicken pox

PAST SURGICAL HISTORY: Tonsillectomy

SOCIAL HISTORY: Denies smoking, drinking and drug use

FAMILY HISTORY: Denies

HEALTH MX HISTORY:

Pap smear in Brazil in 2019 was reportedly normal.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; + suprapubic discomfort; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted. No CVA tenderness.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

UA (1 unit(s)): In-House Lab
CULTURE, URINE, ROUTINE (QUEST) (1 unit(s)): Quest Diagnostics

RESULTS:

UA:
Appearance: Cloudy
Color: yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.005
Blood: Negative
pH: 7
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Negative

ASSESSMENT:

R30.0 - DYSURIA (PRIMARY)

PLAN:

Send UA for culture and follow up with results. Given Rx for urogesic blue for pain relief. Consider urology referral pending culture results.

Urogesic-Blue 81.6 mg-40.8 mg-0.12 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: 1 tablet PO every 6 hrs as needed for bladder discomfort

Electronically signed by Lindsey Barton, CRNP on 04/13/21 11:59 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.