

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/29/21

PATIENT: DELAPEDRA, TATIANA **DOB:** 08/25/1985 **Gender:** FEMALE **MRN:** 1312 **AGE:** 36 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: yearly physical

HISTORY OF PRESENT ILLNESS: Patient presents to clinic for a yearly physical. Patient reports her last physical was 2 years ago. No issues noted at this time.

Her last pap smear was 6 months ago and was reportedly normal. She had labs checked at the GYN office at that time to include cholesterol and thyroid levels. She will get a copy for the office. Her sister has a history of thyroid cancer and her mother has hypothyroidism. In her country of Brazil, she gets a breast US and a thyroid US yearly as included in her insurance physical.

VITALS: BP: 101/70 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 93; **Temp:** 96.6; **Resp:** 16; **Ht:** 61 in.; **Wt:** 130.9 lbs.;
BMI: 24.73; **Pulse Oximetry:** 200%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Mirena 20 mcg/24 hours (7 yrs) 52 mg intrauterine device

PAST MEDICAL HISTORY: Pregnancy, Chicken pox

PAST SURGICAL HISTORY: Tonsillectomy

SOCIAL HISTORY: Denies smoking, drinking and drug use. She is married and a student her on campus.

FAMILY HISTORY: Sister- h/o thyroid cancer; Mother and grandmother- hypothyroidism.

HEALTH MX HISTORY:

Pap smear in Brazil in 2019 was reportedly normal.
2021- pap smear at GYN office to include yearly labs.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted. No CVA tenderness.

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MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

Z00.00 - Encounter for general adult medical examination without abnormal findings (PRIMARY)

PLAN:

She will bring a copy of her labs for her chart here. Her flu vaccine is UTD and She is fully COVID 19 vaccinated.
Follow up yearly and as needed.

Electronically signed by Lindsey Barton, CRNP on 11/29/21 2:06 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.