

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/08/23

PATIENT: ELBADAWY, TAREK **DOB:** 10/07/1968 **Gender:** MALE **MRN:** 1317 **AGE:** 54 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Exposed to COVID 2 days ago. Now sneezing and runny nose. No fever, sore throat, or cough. Would like to be checked for COVID and flu as he is traveling out of state tomorrow.

VITALS: BP: 134/87 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 80; **Temp:** 97.2; **Resp:** 16; **Ht:** 69 in.; **Wt:** 157 lbs.;
BMI: 23.18; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Zetia 10 mg tablet (1 tablet daily)

PAST MEDICAL HISTORY: hyperlipidemia, pneumonia, stroke

PAST SURGICAL HISTORY: Appendectomy

SOCIAL HISTORY: Denies smoking, drinking and drug use

FAMILY HISTORY: Father: diabetes, stroke

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Abbott COVID Rapid Test (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

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INFLUENZA:

Value: Negative

Abbott COVID Rapid Test:

Value: Negative

ASSESSMENT:

J30.2 - Other seasonal allergic rhinitis (PRIMARY)

Z20.822 - CONTACT WITH AND (SUSPECTED) EXPOSURE TO COVID-19

R09.89 - OTH SYMP&SIGNS INVOLVING THE CIRC&RESP SYSTEMS

PLAN:

Given 2 sample doses of zyrtec to take 1 tablet once daily. Recommended he get otc and take as well. Retest for covid if he becomes symptomatic. He is aware 2 days is too early from exposure. Recommended he continue to wear a mask in public and not go to his classes if he starts running fever. Also instructed him to go to urgent care while out of town if any symptoms develop. He verbalized understanding.

Electronically signed by Lindsey Barton, CRNP on 03/08/23 2:58 PM



J. Barton, CRNP