

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 01/30/19

PATIENT: YANG, YUNJIA **DOB:** 09/15/1988 **Gender:** FEMALE **MRN:** 131 **AGE:** 30 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: UTI?

Symptoms: Uncomfortable feeling when she urinates. Going on for about 2 weeks . No fever or back pain.

Duration: 2 weeks

Other: Denies sexual activity. Last menstrual cycle was 1/18-25/19.

COMPLAINT 2: Bilateral knee pain

Symptoms: Bilateral knee pain with more pain in the (L). Going on for several days.

Duration: Worse over the last year

Other: Patient reports that she teaches dance at AUM--3 times per week--2-4 hours with each session and has been dancing x 10 years. She reports that the pain in her knees has gotten progressively worse over time. She reports taking Glucosamin/Chondroitin for the pain and it helps some.

VITALS: BP: 95/61 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 71; **Temp:** 98.6; **Ht:** 63 in.; **Wt:** 104.2 lbs.; **BMI:** 18.45;
FDLMP: 01/18/19

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: NONE;

PAST SURGICAL HISTORY: Appendectomy--2009

SOCIAL HISTORY: Exercises regularly; Lives alone; Single; Does not use recreational drugs; Does not use tobacco;
Does not use alcohol;

FAMILY HISTORY: Patient has no known family history.

REVIEW OF SYSTEMS:

GENITOURINARY: Patient is positive for: Pelvic pain,

MUSCULOSKELETAL: Patient is positive for: Trouble with Ambulation, Joint pain--left

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Septum without Deviation; Nasal mucosa moist and pink; No Turbinate Hypertrophy; Sinus nontender;

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

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GASTROINTESTINAL: Abdomen Soft and Nondistended; Suprapubic Tenderness; No Organomegaly; Bowel Sounds Symmetric x4; No Rebound Rigidity or Guarding;

MUSCULOSKELETAL: Full Range of Motion; Gait Normal; Left knee with crepitus with ROM; Right knee with mild crepitus

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ORDERS:

UA (1 unit(s)): In-House Lab

GC AND CHLAMYDIA COLLECTION (1 unit(s)): In-House Lab

RESULTS:

UA:

Appearance: Clear

Color: pale yellow

Glucose: Negative

Bill: Negative

Ketones: Negative

Sp: 1.005

Blood: Positive

pH: 8

Protein: Positive

Urobilinogen: Negative

Nitrites: Negative

Leukocytes: Positive

GC AND CHLAMYDIA COLLECTION:

Urine collected.

ASSESSMENT:

N39.0 - URINARY TRACT INFECTION, SITE NOT SPECIFIED (PRIMARY)

M25.561 - PAIN IN RIGHT KNEE

M25.562 - PAIN IN LEFT KNEE

PLAN:

ibuprofen 600 mg tablet

Refills: 0 Qty: 60 TABLET(S)

Instructions: TAKE 1 TABLET (600 MG) BY ORAL ROUTE EVERY 8 HOURS AS NEEDED. TAKE WITH FOOD

May continue taking glucosamine/chondroitin to help with knee mobility.

Bactrim DS 800 mg-160 mg tablet

Refills: 0 Qty: 14 TABLET(S)

Instructions: 1 tablet by oral route every 12 hours.

Will consider imaging if pain does not significantly improve

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RTC for worsening or unresolving symptoms.

Electronically signed by Melodye Harvey, CRNP on 01/30/19 2:37 PM