

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/12/24

PATIENT: MITCHELL, BRENDA **DOB:** 08/02/1963 **Gender:** FEMALE **MRN:** 1323 **AGE:** 60 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sinus congestion, runny nose

HISTORY OF PRESENT ILLNESS: Ms. Mitchell is a 60 yo female here today for possible sinus infection. She reports sinus drainage, congestion, and sinus pressure over her right cheek for the past 1.5 weeks. She states she blew her nose the other day and her right side started bleeding. She has tried otc meds with little relief. Denies fever, cough, or sore throat.

VITALS: BP: 128/77 **Pulse:** 84; **Temp:** 97.9; **Resp:** 17; **Ht:** 64 in.; **Wt:** 168.5 lbs.; **BMI:** 28.92; **Pulse Oximetry:** 98%

ALLERGIES: Penicillins ((Rash) or (C/O a rash)); Sulfa (Sulfonamide Antibiotics)

MEDICATIONS:

Symbicort 160 mcg-4.5 mcg/actuation HFA aerosol inhaler
albuterol sulfate HFA 90 mcg/actuation aerosol inhaler (INHALE 2 PUFFS BY MOUTH 4 TIMES DAILY AS NEEDED FOR COUGH AND FOR WHEEZING AND FOR SHORTNESS OF BREATH)
difluprednate 0.05 % eye drops (INSTILL 1 DROP INTO AFFECTED EYE THREE TIMES DAILY FOR 5 DAYS, THEN TAPER AS DIRECTED.)
estradiol 2 mg tablet
lisinopril 20 mg-hydrochlorothiazide 12.5 mg tablet
montelukast 10 mg tablet (TAKE 1 TABLET BY MOUTH ONCE DAILY)
potassium chloride ER 20 mEq tablet, extended release (TAKE 1 TABLET BY MOUTH ONCE DAILY)
pravastatin 40 mg tablet (TAKE 1 TABLET BY MOUTH ONCE DAILY)

PAST MEDICAL HISTORY: asthma, HTN, HLD, IDA, seasonal allergies

PAST SURGICAL HISTORY: hysterectomy

SOCIAL HISTORY: Works at AUM. Chief of Police. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

HEALTH MX HISTORY:

PCP- Dr. Daniel Moore

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; + right and left maxillary tenderness but no frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

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RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection

Rocephin 1G (1 unit(s)): Injection

Dexamethasone 4mg/ml (1 unit(s)): Injection

Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

Rocephin 1G:

Site Given: Right Ventragluteal

Dosage Given: 1 gram(s)

Administered By: Barton, Lindsey - CRNP

Dexamethasone 4mg/ml:

Site Given: Left Ventral Gluteal

Dosage Given: 4 milligram(s)

Administered By: Barton, Lindsey - CRNP

Depo-Medrol 40mg/ml:

Site Given: Left Ventragluteal

Dosage Given: 40 milligram(s)

Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

J01.00 - Acute maxillary sinusitis, unspecified (PRIMARY).

PLAN:

Rx as per below. Follow up as needed.

clarithromycin 500 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 06/12/24 11:12 AM

L. Barton, DNP, CRNP

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