

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/09/26

PATIENT: MITCHELL, BRENDA **DOB:** 08/02/1963 **Gender:** FEMALE **MRN:** 1323 **AGE:** 62 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: productive cough, congestion, sore throat, and headache since Monday

HISTORY OF PRESENT ILLNESS: 62 YO F PTC with c/o congestion, sore throat, headache, itchy ears, cough for past 3 days. Denies fever, body aches or chills. Has been using OTC cold and flu meds with little relief.

VITALS: BP: 138/86 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 92; **Temp:** 98; **Resp:** 17; **Ht:** 64 in.; **Wt:** 175.3 lbs.;
BMI: 30.08; **Pulse Oximetry:** 97%

ALLERGIES: Penicillins ((Rash) or (C/O a rash)); Sulfa (Sulfonamide Antibiotics)

MEDICATIONS:

Symbicort 160 mcg-4.5 mcg/actuation HFA aerosol inhaler
Zyrtec 10 mg tablet (daily)
albuterol sulfate HFA 90 mcg/actuation aerosol inhaler (INHALE 2 PUFFS BY MOUTH 4 TIMES DAILY AS NEEDED FOR COUGH AND FOR WHEEZING AND FOR SHORTNESS OF BREATH)
estradiol 2 mg tablet
lisinopril 20 mg-hydrochlorothiazide 12.5 mg tablet
metoprolol succinate ER 25 mg tablet,extended release 24 hr
montelukast 10 mg tablet (TAKE 1 TABLET BY MOUTH ONCE DAILY)
potassium chloride ER 20 mEq tablet,extended release (TAKE 1 TABLET BY MOUTH ONCE DAILY)
pravastatin 40 mg tablet (TAKE 1 TABLET BY MOUTH ONCE DAILY)

PAST MEDICAL HISTORY: asthma, HTN, HLD, IDA, seasonal allergies

PAST SURGICAL HISTORY: hysterectomy

SOCIAL HISTORY: Works at AUM. Chief of Police. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

HEALTH MX HISTORY:

PCP- Dr. Daniel Moore

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Positive maxillary and frontal sinus tenderness. Throat- erythema without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

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Non-productive cough noted

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
STREP A (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection

RESULTS:

STREP A:
Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)
J01.40 - ACUTE PANSINUSITIS, UNSPECIFIED

PLAN:

Pt advised to take all meds as directed, stay well hydrated and obtain adequate rest. If issues persist or worsen, RTC or go to ED.

Zithromax Z-Pak 250 mg tablet

Refills: 0 Qty: 6 TABLET(S)

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension

Refills: 0 Qty: 1 UNIT(S)

Instructions: SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE ONCE DAILY AS NEEDED

Electronically signed by Breena Till, CRNP on 07/09/26 9:00 AM

