

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/30/21

PATIENT: BRAY, HILLARY **DOB:** 04/26/1990 **Gender:** FEMALE **MRN:** 1331 **AGE:** 31 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: piece of q-tip stuck in her left ear

HISTORY OF PRESENT ILLNESS: Pt here after having the end of a cut tip stuck in her ear this morning. She reports her husband helped dig it out with tweezers. She is very nervous.

VITALS: BP: 158/98 **Pulse:** 85; **Temp:** 98.2; **Resp:** 6; **Ht:** 70 in.; **Wt:** 200.8 lbs.; **BMI:** 28.81; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Protonix 40 mg tablet, delayed release (once daily by mouth)
Xanax 0.5 mg tablet (by mouth PRN as directed)

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies Tobacco, Drug, ETOH abuse.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Ear Irrigation (1 unit(s)): Surgical Procedure

ASSESSMENT:

H93.92 - Unspecified disorder of left ear (PRIMARY).

PLAN:

Pt here for cut tip break off in her left ear. Husband used tweezers to remove. She feels there is something in there

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and pain 3/10. Looking in her ear, no bleeding, abnormal object, redness, drainage, open wounds. Ear drum intact, normal. Ear irrigation performed with no object seen. Likely removed at home with tweezers. Educated on sticking objects in her ear. Pt verbalized understanding. Return as needed.

Electronically signed by Maranda Fain, CRNP on 11/30/21 10:37 AM

Handwritten signature of M. Fain, CRNP in cursive script.