

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/22/23

PATIENT: THORNE, MATTHEW **DOB:** 04/24/1984 **Gender:** MALE **MRN:** 1343 **AGE:** 38 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Upper Respiratory symptoms

HISTORY OF PRESENT ILLNESS: Mr. Thorne presents to the clinic with complaints of cold sweats, chills, fatigue, runny nose x 3 days.

VITALS: BP: 140/88 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 65; **Temp:** 97.9; **Resp:** 18; **Ht:** 73.5 in.; **Wt:** 237 lbs.;
BMI: 30.84; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Singular 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING)
albuterol sulfate HFA 90 mcg/actuation aerosol inhaler (INHALE 2 PUFFS (180 MCG) BY INHALATION ROUTE EVERY 4-6 HOURS AS NEEDED and 30 min to 1 hr prior to exercise)

PAST MEDICAL HISTORY: Exercise-induced asthma

PAST SURGICAL HISTORY: Right humerus surgery

SOCIAL HISTORY: Men's soccer coach at AUM. Married with 3 children. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother-asthma, Grandmother- stroke in her 60s-70s. Aunt- stroke

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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Abbott COVID Rapid Test (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:
Value: Negative

Abbott COVID Rapid Test:
Value: Negative

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)
R68.83 - CHILLS (WITHOUT FEVER)
R53.83 - OTHER FATIGUE
R09.89 - OTH SYMP&SIGNS INVOLVING THE CIRC&RESP SYSTEMS
J06.9 - Acute upper respiratory infection, unspecified

PLAN:

OTC treatment for any presenting symptoms discussed with patient as well as circumstances in which patient may
RTC for re check. Patient verbalized understanding.

Electronically signed by Robin Blackwell, CRNP on 03/22/23 4:28 PM

Robin Blackwell CNP