



CONFIDENTIAL Fax

FROM:

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TO:

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[ID:5900468-H-11015]

MCA • 273 Winton M Blount Loop, Montgomery AL 36117-3507

THORNE, Matthew (id #209481, dob: 04/24/1984)**MONTGOMERY CARDIOVASCULAR ASSOCIATES PC**

273 Winton M Blount Loop

Montgomery, AL 36117-3507

Phone: (334) 280-1500 Fax: (334) 280-1600

Encounter Summary

Date Printed: 06/23/2023

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Patient Information	Thorne, Matthew (39yo, M) #209481 DOB: 04/24/1984		
Patient Address	1904 Norman Bridge Rd Montgomery, AL 36104	Home Phone	(205) 499-5609
		Work Phone	

Encounter Reason/Date	Cardiac Evaluation and Management Followup: Chest pain 06/23/2023 - 08:15AM - MCA East
Problems	Reviewed Problems • Sinus bradycardia - Onset: 06/23/2023 • Body mass index 30+ - obesity • Asthma • Chest pain
History of Present Illness	Mr. Matthew Thorne is a 39 year old male with newly diagnosed asthma who is referred by Dr. Priyanka Vyas for cardiac evaluation and treatment of chest pain. He is followed by Lindsey Barton, CRNP for primary care. He reports intermittent episodes of left chest tightness and shortness of breath after meals and occasionally with exercise. He changed his diet, increased exercise and cut out caffeine and symptoms have improved significantly. He denies palpitations, edema, claudication, orthopnea, PND or syncope. Mr. Thorne is a lifetime non smoker. He is active as a soccer coach at AUM. He denies any known family history of premature CAD.
Review of Systems	General:General: no recent weight gain or loss and no fever, weakness, fatigue, night sweats, exercise intolerance, or malaise or general achiness. Eyes:Eyes: no cataracts, double vision/diplopia, history of glaucoma, sensitivity to light/photophobia, or loss of vision. Ears/Nose/Mouth/Throat:Ears: no difficulty hearing, ear pain, or ringing in the ears/tinnitus. Nose: no nosebleeds or sinus problems. Mouth/Throat: no sore throat, bleeding gums, dry mouth, mouth ulcers, or teeth problems or dental decay. Respiratory:Respiratory: no cough, wheezing, snoring, or coughing up blood and shortness of breath. Gastrointestinal:Gastrointestinal: no vomiting, diarrhea, dyspepsia/indigestion, GERD, jaundice, constipation, nausea, abdominal pain, blood in stool or black/tarry stools, or difficulty swallowing /dysphagia and normal appetite and not vomiting blood. Genitourinary:Genitourinary: no difficulty urinating or initiating urination and no incontinence, hematuria/blood in urine, increased frequency or urgency, burning sensation during urination, pain during urination/dysuria, or pelvic pain. Musculoskeletal:Musculoskeletal: no muscle weakness or aches or cramps and no arthralgias/joint pain, back pain, or joint swelling.

6/23/23
Reviewed
[Signature]

Peripheral Vascular:right lower extremity no temperature change to right leg or right foot and no right lower leg pain with walking (no claudication), loss of hair from right lower limb, or skin discoloration or ulceration of right lower extremity. left lower extremity no temperature change to left leg or left foot and no itching/pruritis, left lower leg pain with walking (no claudication), loss of hair from left lower extremity, or skin discoloration or ulceration of left lower extremity.

Integumentary:Skin: no rashes or itching/pruritis.

Neurologic:Neurologic: no numbness, seizures, dizziness, headaches, tremors, loss of consciousness, focal weakness, severe headaches, memory loss, or history of falls and normal gait/no unsteadiness or walking difficulty.

Psychiatric:Psych: no sleep disturbances or disturbances: excessive sleepiness during the day (daytime somnolence) and no depression, anxiety, hallucinations, or suicidal thoughts.

Endocrine:Endocrine: no fatigue, unusual sweating, heat intolerance, or intolerance to cold.

Hematologic/Lymphatic:Hematologic/Lymphatic no bruising, swollen glands, excessive bleeding, or unusual bleeding tendency.

Allergic/Immunologic:Allergy/Immunologic: no itching, hives, runny nose, sinus pressure, or frequent sneezing.

Vitals

Ht:	6 ft 1 in 06/23/2023 08:08 am	Wt:	228 lbs 06/23/2023 08:08 am	BMI:	30.1 06/23/2023 08:08 am
BP:	129/88 sitting 06/23/2023 08:23 am	HR:	44 06/23/2023 08:26 am		

Allergies

Reviewed Allergies

NKDA

Medications

Reviewed Medications

albuterol sulf 90 mcg/actuation breath activated powder inhaler,sensor 06/23/23 entered
Inhale 2 puff(s) every 4 hours by inhalation route.

Breo Ellipta 100 mcg-25 mcg/dose powder for inhalation 06/23/23 entered
Inhale 1 puff(s) every day by inhalation route.

montelukast 10 mg tablet 06/23/23 entered
Take 1 tablet(s) every day by oral route.

6/23/2023 pt did not bring meds, list given verbally.sb

Family History

Reviewed Family History

Paternal Grandmother	- Cerebrovascular accident
Father	- Hypertensive disorder
	- Hyperlipidemia

Past Medical History

Reviewed Past Medical History
Asthma: **Y**

Past Surgical History

Reviewed Surgical History
 * Other Non-Cardiac Surgery - Rt arm humus plate, appendectomy, Rt shoulder
 * Pulmonary Function Test - 05/23/2023 - normal
 * Pulmonary Function Test - 11/01/2022 - mild airflow obstruction with significant response to bronchodilators.

Results/Interpretations

None recorded

Physical Exam

Constitutional: General Appearance: well-nourished and well-developed.
Level of Distress: comfortable.

Psychiatric: Mental Status: alert and normal affect.

HEENT: Head: atraumatic. Nose: no lesions on external nose.

Eyes: Lids and Conjunctivae: no discharge. Pupils: EOM intact.

Neck: Neck: supple and trachea midline. Carotid Arteries: bilateral normal upstroke and no bruits.

Lungs: Auscultation: clear bilaterally and no wheezing.

Cardiovascular: Precordial Exam: non displaced focal PMI. Rate And Rhythm: regular rate and rhythm. Heart Sounds: normal S1. Systolic Murmur: not heard. Diastolic Murmur: not heard. Extremities: no cyanosis or edema.

Peripheral Pulses: Brachial Pulse: normal. Radial Pulse: normal. Femoral Pulse: normal. Posterior Tibialis Pulse normal. Dorsalis Pedis Pulse: normal.

Abdomen: Inspection and Palpation: soft. Liver: non tender.

Musculoskeletal: Inspection: no joint tenderness.

Neurologic: Gait: normal gait. Neurological: speech fluent.

Skin: Inspection and Palpation: skin intact.

Lymph Nodes: Cervical Nodes: no significant adenopathy.

Assessment and Plan

Sinus bradycardia no acute ST T wave changes
Mr Thorne is a 39-year-old gentleman with asthma with mild airflow obstruction on PFTs following with Dr. Vyas who comes in consultation for atypical chest pain and abnormal EKG with sinus bradycardia. His chest pain is atypical nature and likely noncardiac. His exercise regularly and runs up to 2 miles without any issues. He does have significant sinus bradycardia but this likely related to his regular exercise. Will order echo to rule out underlying structural cardiac abnormality. If echo does not show any significant abnormality can continue on medical management. Will plan follow-up in a year

1. Chest pain - Echo

R07.9: Chest pain, unspecified

- ELECTROCARDIOGRAM

2. Sinus bradycardia - echo

R00.1: Bradycardia, unspecified

3. Asthma - following with Pulmonary

J45.909: Unspecified asthma, uncomplicated

Return to Office

- to see Echocardiogram for Echocardiogram at MCA East on or around 06/23/2023
- to see Joshua Harkey, PA for Return MLP at MCA East on or around 06/23/2024

Electronically Signed by: ASHWINI SHARMA, MD

