

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/16/20

PATIENT: FREDERICKS, SARAH **DOB:** 07/19/1986 **Gender:** **MRN:** 1344 **AGE:** 34 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: RF on Wellbutrin

HISTORY OF PRESENT ILLNESS: She reports she just moved here from Arizona to teach at AUM. She was seeing a psychologist in Arizona at the time. She has been on Wellbutrin since April and reports it is working well. She denies any suicidal ideations. She has never been to the counseling center at AUM.

She has a history of Meniere's disease on dyazide. It seems to be working well for her. She has seen ENT in the past in Arizona. She declines ENT referral locally at this time.

She would like to get her flu vaccine today.

VITALS: BP: 150/94 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 93 **BP2:** 112/82 **Site2:** LEFT ARM **Position2:** SITTING; **Temp:** 98.4; **Resp:** 18; **Ht:** 67.4 in.; **Wt:** 286.4 lbs.; **BMI:** 44.32; **Pulse Oximetry:** 98%; **FDLMP:** 10/15/20

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Wellbutrin XL 300 mg 24 hr tablet, extended release
hydroxyzine HCl 25 mg tablet (PRN)
triamterene 37.5 mg-hydrochlorothiazide 25 mg capsule

PAST MEDICAL HISTORY: Allergies, anxiety, asthma, depression, hearing loss, heart murmur, pneumonia, chicken pox

PAST SURGICAL HISTORY: (L) Shattered ankle

SOCIAL HISTORY: denies drinking, drugs and smoking

FAMILY HISTORY: Mother: diabetes, hypertension Father: diabetes, hypertension

HEALTH MX HISTORY:

Pap smear- 2019

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

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GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

TSH (QUEST) (1 unit(s)): Quest Diagnostics
COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
FLU SHOT NON BILLABLE TO INSURANCE (1 unit(s)): Injection

RESULTS:

FLU SHOT NON BILLABLE TO INSURANCE :
Site Given: Left Deltoid
Dosage Given: 0.5 milliliter(s)
Administered By: Havard, Jyssica - MA

ASSESSMENT:

F32.0 - Major depressive disorder, single episode, mild (PRIMARY)
F41.1 - Generalized anxiety disorder
H81.09 - Meniere's disease, unspecified ear
Z23 - ENCOUNTER FOR IMMUNIZATION

PLAN:

Follow up in 6 months for recheck.
Follow up with lab results.

triamterene 37.5 mg-hydrochlorothiazide 25 mg capsule
Refills: 1 Qty: 90 CAPSULE(S)
Instructions: 1 capsule PO daily

Wellbutrin XL 300 mg 24 hr tablet, extended release
Refills: 1 Qty: 90 TABLET(S)
Instructions: 1 tab PO daily

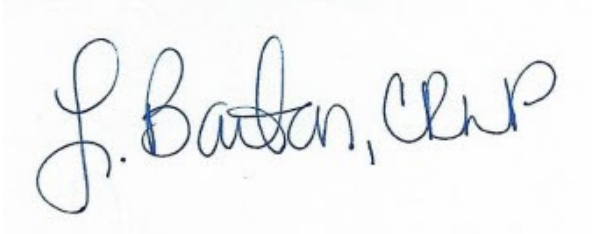
Electronically signed by Lindsey Barton, CRNP on 10/16/20 10:25 AM

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A handwritten signature in blue ink that reads "J. Barton, CNP". The signature is written in a cursive style with a large initial "J" and a stylized "B".