

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/18/23

PATIENT: WHITE, CHRISTOPHER **DOB:** 10/22/1979 **Gender:** MALE **MRN:** 1346 **AGE:** 43 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sinus congestion

HISTORY OF PRESENT ILLNESS: Mr. White presents to the clinic with complaints of sinus congestion with pressure x 3 weeks. He also complains of headaches and on occasion cough. He has tried Allegra-D with some benefit.

VITALS: BP: 134/86 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 61; **Temp:** 96.1; **Resp:** 17; **Ht:** 74 in.; **Wt:** 228.6 lbs.;
BMI: 29.35; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Married w/ children. Works on campus. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Father- heart disease. Sister-diabetes.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Maxillary sinus tenderness no frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Depo-Medrol 40mg/ml (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection

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RESULTS:

Dexamethasone 4mg/ml:

Site Given: Right Ventral Gluteal

Dosage Given: 4 milligram(s)

Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:

Site Given: Right Ventral Gluteal

Dosage Given: 40 milligram(s)

Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)

PLAN:

Take RX as directed. Follow up as needed.

amoxicillin 875 mg-potassium clavulanate 125 mg tablet

Refills: 0 Qty: 14 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS FOR 7 DAYS

Electronically signed by Robin Blackwell, CRNP on 01/18/23 12:04 PM

Robin Blackwell CNP