

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/14/22

PATIENT: WHITE, CHRISTOPHER **DOB:** 10/22/1979 **Gender:** MALE **MRN:** 1346 **AGE:** 42 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: cough, chest congestion and nasal congestion since Monday

HISTORY OF PRESENT ILLNESS: Mr. White is a 42 yo male here today for dry cough, nasal congestion, clear nasal drainage since Monday. He went on a church camp with his daughter last week and they were outside most of the day. He tested himself with a home covid test and was negative. He took some of his wife's cough medicine last night with some relief. Denies fever. He has not been covid or flu vaccinated.

VITALS: BP: 128/80 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 63; **Temp:** 97; **Resp:** 15; **Ht:** 74 in.; **Wt:** 219 lbs.;
BMI: 28.11; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Married w/ children. Works on campus. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Father- heart disease. Sister-diabetes.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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COVID Rapid Testing (1 unit(s)): In-House Lab
Flu Test (1 unit(s)): In-House Lab (DELETED)
INFLUENZA (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

INFLUENZA:

Value: Negative

COVID Rapid Testing:

Value: Negative

Depo-Medrol 40mg/ml:

Site Given: Right Ventral Gluteal

Dosage Given: 40 milligram(s)

Administered By: Bicknell, Miranda - RN

Dexamethasone 4mg/ml:

Site Given: Right Ventral Gluteal

Dosage Given: 4 milligram(s)

Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED (PRIMARY)

R05.9 - COUGH, UNSPECIFIED

R09.81 - NASAL CONGESTION

PLAN:

Ninjacof 12.5 mg-12.5 mg/5 mL oral liquid

Refills: 0 Qty: 120 ML(S)

Instructions: 10 ml PO every 8 hrs as needed for cough/congestion (Dispensed)

Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 07/14/22 1:30 PM



J. Barton, CRNP

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