

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/28/22

PATIENT: GILBERTSON, MARGUERITE **DOB:** 01/29/1993 **Gender:** FEMALE **MRN:** 1348 **AGE:** 29 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: OCP refill

HISTORY OF PRESENT ILLNESS: Pt is a 29 YOF who comes in with need for OCP refill. She is tolerating it well. Cycles are normal. No issues reported. No hx of stroke, blood clot, HTN, or significant family history.

VITALS: BP: 131/88 **Pulse:** 71; **Temp:** 97.2; **Resp:** 16; **Ht:** 64 in.; **Wt:** 142.5 lbs.; **BMI:** 24.46; **Pulse Oximetry:** 100%; **FDLMP:** 04/05/22

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Tri-Sprintec (28) 0.18 mg(7)/0.215 mg(7)/0.25 mg(7)-35 mcg tablet (TAKE 1 TABLET BY ORAL ROUTE ONCE DAILY)

PAST MEDICAL HISTORY: Anxiety

PAST SURGICAL HISTORY: Pin in right ankle

SOCIAL HISTORY: Denies smoking, drinking and drug use

FAMILY HISTORY: Mother: Hyperlipidemia, hypertension Dad: colon cancer

HEALTH MX HISTORY:

Pap smear- 2020 Normal

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ASSESSMENT:

Z30.09 - Encounter for other general counseling and advice on contraception (PRIMARY)

Z30.40 - Encounter for surveillance of contraceptives, unspecified

PLAN:

Refill OCP. Return in one year. Will be due for PAP in 2023.

Tri-Sprintec (28) 0.18 mg(7)/0.215 mg(7)/0.25 mg(7)-35 mcg tablet

Refills: 6 Qty: 84 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE ONCE DAILY

Electronically signed by Maranda Fain, CRNP on 04/28/22 8:53 AM

M. Fain, CRNP