

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/19/20

PATIENT: GILBERTSON, MARGUERITE **DOB:** 01/29/1993 **Gender:** FEMALE **MRN:** 1348 **AGE:** 27 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Possible UTI

Symptoms: Dysuria and frequent urination started Thursday. She denies any odor or discharge.

VITALS: BP: 117/74 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 93; **Temp:** 98.1; **Resp:** 15; **Ht:** 66 in.; **Wt:** 150.2 lbs.;
BMI: 24.24; **Pulse Oximetry:** 98%; **FDLMP:** 09/22/20

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Tri-Sprintec (28) 0.18 mg(7)/0.215 mg(7)/0.25 mg(7)-35 mcg tablet

PAST MEDICAL HISTORY: Anxiety

PAST SURGICAL HISTORY: Pin in right ankle

SOCIAL HISTORY: Denies smoking, drinking and drug use

FAMILY HISTORY: Mother: Hyperlipidemia, hypertension Dad: colon cancer

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted. No CVA tenderness.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

UA (1 unit(s)): In-House Lab

GC AND CHLAMYDIA COLLECTION (1 unit(s)): In-House Lab

RESULTS:

UA:

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Appearance: Cloudy
Color: Yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.020
Blood: Positive
pH: 5
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Positive

ASSESSMENT:

N39.0 - Urinary tract infection, site not specified (PRIMARY)
Z11.3 - ECT SCREEN FOR INFECT W SEXL MODE OF TRANSMISS

PLAN:

Increase water intake.
Will need to use back up protection with BCP and antibiotics. She verbalized understanding.
Follow up as needed.

PLAN:

Macrobid 100 mg capsule
Refills: 0 Qty: 10 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE EVERY 12 HOURS WITH FOOD for 5 days

Electronically signed by Lindsey Barton, CRNP on 10/19/20 10:11 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.