

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 06/12/17

PATIENT: SMYTH, KRISTIN **DOB:** 12/12/1993 **Gender:** FEMALE **MRN:** 134 **AGE:** 23 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Constipated

Symptoms: Sharp pains in abdomen. When she would go there would be mucus, also blood in stool.
Duration: 2 months

VITALS: BP: 113 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 77; **Temp:** 98.1; **Ht:** 58 in.; **Wt:** 183.7 lbs.; **BMI:** 38.39;
FDLMP: 05/23/17

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

REVIEW OF SYSTEMS:

GASTROINTESTINAL: Patient is positive for: abdominal pain, constipation, flatulence. Since of urgency to go. Most of the time is unable to go but when she does need to go she must get to the bathroom quickly.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

GASTROINTESTINAL: Abdomen soft, slightly distended, slight lower abd tenderness.; no rebound rigidity or guarding; bowel sounds symmetric x4. Rectal exam: no internal or external hemorrhoids palpated. Hemocult: negative.

MUSCULOSKELETAL: Gait Normal; No clubbing, cyanosis, or edema of lower extremities;

DERMATOLOGIC: Skin Temperature: Warm Dry;

NEUROLOGIC: Cranial Nerves Intact; No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate;

ASSESSMENT:

R10.30 - Lower abdominal pain, unspecified (PRIMARY)

PLAN:

Follow-up in 1 week. If symptoms continue, will refer for CT of the ABD.

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Electronically signed by Carol Stewart, NP on 06/12/17 1:14 PM