

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/01/24

PATIENT: BULLARD, ROBERT **DOB:** 07/23/1991 **Gender:** MALE **MRN:** 1353 **AGE:** 32 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: poison ivy rash x 1 week.

HISTORY OF PRESENT ILLNESS: Mr. Bullard is here today for rash to bilateral arms, neck and abdomen for the past week. He has an allergy to poison ivy and gets it at least once a year. He has tried benadryl cream but it keeps spreading. He denies difficulty breathing or swallowing.

VITALS: BP: 120/78 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 86; **Temp:** 98.1; **Resp:** 17; **Ht:** 69 in.; **Wt:** 246.7 lbs.;
BMI: 36.43; **Pulse Oximetry:** 97%

ALLERGIES: Bee venom (product)

MEDICATIONS:

Abilify 2 mg tablet (1/2 tablet daily.)
Lexapro 20 mg tablet (daily)

PAST MEDICAL HISTORY: depression, allergy to poison ivy.

PAST SURGICAL HISTORY: denies

SOCIAL HISTORY: Works on campus. denies alcohol, tobacco, and illicit drug use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. Erythematous, scaly, rash with vesicular lesions present to bilateral arms, neck, and abdomen.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

ASSESSMENT:

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L25.5 - USP CONTACT DERMATITIS DUE TO PLANTS EXCEPT FOOD (PRIMARY)

PLAN:

Explained to him that he is contagious with the oozing of the vesicular lesions. Triamcinolone cream and dressings applied in office to bilateral arms. He was given a steroid shot and rx as per below. Follow up if no improvement or worsening symptoms. He verbalized understanding.

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 UNIT(S)

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS- start on April 2, 2024

triamcinolone acetonide 0.1 % topical cream

Refills: 0 Qty: 454 GRAM(S)

Instructions: APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 3 TIMES PER DAY

Electronically signed by Lindsey Barton, CRNP on 04/01/24 9:37 AM

Handwritten signature of Lindsey Barton, CRNP in black ink.