

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/19/21

PATIENT: BOTTOMS, TIFFANY **DOB:** 06/21/1977 **Gender:** FEMALE **MRN:** 1369 **AGE:** 43 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: COVID-like symptoms

Symptoms: Pt is here complaining of HA, stuffy nose, fatigue, diarrhea. Had body aches over the weekend but does not now. No fever. Had COVID in July along with husband. C/o slight dry cough that started today and yellow sinus drainage since the weekend as well. Denies loss of taste/smell. Has a history of allergies, sinus infections, and gets allergy shots. Takes zyrtec and flonase daily.

Other: No periods due to an ablation

VITALS: BP: 124/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 86; **Temp:** 98.8; **Resp:** 14; **Ht:** 65 in.; **Wt:** 275 lbs.; **BMI:** 45.76; **Pulse Oximetry:** 98%

MEDICATIONS:

Fish Oil 1,000 mg (120 mg-180 mg) capsule
hydrochlorothiazide 12.5 mg tablet
lisinopril 10 mg tablet

PAST MEDICAL HISTORY: Seasonal allergies requiring allergy shots. Sinus infections. HTN. HPV.

PAST SURGICAL HISTORY: cholecystectomy. Uterine ablation.

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- HTN, HLD; Father- diabetes, heart disease, HTN.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; + bilateral maxillary sinus tenderness. No frontal tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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Rocephin 1G (1 unit(s)): Injection
Solumedrol 125mg/2ml (1 unit(s)): Injection
INFLUENZA (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

Z20.822 - Contact with and (suspected) exposure to COVID-19 (PRIMARY)
J01.90 - ACUTE SINUSITIS, UNSPECIFIED
R05 - Cough

PLAN:

Augmentin 875 mg-125 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 01/19/21 4:18 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.