

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/06/25

PATIENT: MARTIN, PEPPER **DOB:** 12/03/1975 **Gender:** FEMALE **MRN:** 136 **AGE:** 49 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: cough

HISTORY OF PRESENT ILLNESS: Pt is here today with c/o dry cough that started after having the flu a few weeks ago. She is now having increased coughing with increase use of her inhaler. She c/o green sputum for the past few days. Denies fever or runny nose in the last week. She has a hx of fatty liver disease and is working on BP control with her PCP. She has an appt with her PCP coming up soon.

VITALS: BP: 163/108 **Pulse:** 75; **Temp:** 98; **Resp:** 16; **Ht:** 67 in.; **Wt:** 297.6 lbs.; **BMI:** 46.61; **Pulse Oximetry:** 99%

ALLERGIES: almond

MEDICATIONS:

Pepcid 20 mg tablet (TAKE 1 TABLET (20 MG) BY ORAL ROUTE 2 TIMES PER DAY as needed)
albuterol sulfate HFA 90 mcg/actuation aerosol inhaler (INHALE 2 PUFFS (180 MCG) BY INHALATION ROUTE EVERY 4-6 HOURS AS NEEDED (FOR SOB/WHEEZING))
meloxicam 15 mg tablet (TAKE 1 TABLET BY MOUTH EVERY DAY as needed for pain)
olmesartan 40 mg-hydrochlorothiazide 25 mg tablet

PAST MEDICAL HISTORY: HTN, deaf (uses hearing aides). Obese, diverticulosis. carpal tunnel right wrist, asthma, Fatty liver disease.

PAST SURGICAL HISTORY: Right ankle replacement and Reconstructive surgery x 4. Carpal tunnel release left wrist.

SOCIAL HISTORY: Works at AUM. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

HEALTH MX HISTORY:

PCP- Shelly Byrd, CRNP at Jackson Clinic.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant. Morbid obesity.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted;

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended.

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MUSCULOSKELETAL: Normal range of movement x 4 extremities;

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

J40 - Bronchitis, not specified as acute or chronic (PRIMARY)

J11.1 - Influenza due to unidentified influenza virus with other respiratory manifestations

PLAN:

RX to pharmacy. Advised to keep or move up appt with PCP. Will refill her Albuterol. Needs weight loss.

doxycycline hyclate 100 mg tablet

Refills: 0 Qty: 14 TABLET(S)

Instructions: TAKE 1 TABLET (100 MG) BY ORAL ROUTE 2 TIMES PER DAY

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 PACKET(S)

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Electronically signed by Maranda Fain, CRNP on 02/06/25 11:28 AM