

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/01/21

PATIENT: MORRIS, DARYL **DOB:** 04/03/1980 **Gender:** MALE **MRN:** 1370 **AGE:** 41 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Poison ivy recheck

HISTORY OF PRESENT ILLNESS: Mr. Morris was seen on 10/26/21 with poison ivy dermatitis. He was prescribed prednisone for 5 days and otc hydrocortisone cream. He completed the medication on Saturday. He states the rash is now spreading to his left hand and down the right side of his stomach. He is not able to sleep at night it itches and burns.

VITALS: BP: 144/86 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 61; **Temp:** 96.8; **Resp:** 16; **Ht:** 68 in.; **Wt:** 178 lbs.;
BMI: 27.06; **Pulse Oximetry:** 100%

ALLERGIES: adhesive

MEDICATIONS:

Celebrex 200 mg capsule (1 tablet PO twice daily)
temazepam 30 mg capsule (1 tablet PO daily)

PAST MEDICAL HISTORY: Chronic back pain. Allergic to poison ivy/sumac.

PAST SURGICAL HISTORY: back surgery x 5.

SOCIAL HISTORY: Married. Works on campus. Drinks socially. Denies smoking or illicit drug use.

FAMILY HISTORY: Mom- leukemia, lymphoma. Father- HTN, HLD.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. Erythematous, dry, maculopapular rash to right upper extremity with well demarcated borders and down right side of abdomen. 2 small, erythematous, papular lesions to left hand.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/01/21

PATIENT: MORRIS, DARYL **DOB:** 04/03/1980 **Gender:** MALE **MRN:** 1370 **AGE:** 41 Years

ASSESSMENT:

L25.5 - USP CONTACT DERMATITIS DUE TO PLANTS EXCEPT FOOD (PRIMARY)

PLAN:

Rx as per below. He has also been taking zyrtec daily for allergies. Instructions to not take vistaril with temazepam at night secondary to increased drowsiness and increased risk for respiratory depression. He verbalized understanding. Follow up if no improvement or worsening symptoms.

clobetasol 0.05 % topical ointment

Refills: 0 Qty: 30 GRAM(S)

Instructions: APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY for up to 2 weeks if needed.

Vistaril 25 mg capsule

Refills: 0 Qty: 20 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (25 MG) BY ORAL ROUTE 4 TIMES PER DAY as needed for itching. Do not take at night with temazepam.

Electronically signed by Lindsey Barton, CRNP on 11/01/21 9:23 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.