

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/14/22

PATIENT: FLEMING, KAYLA **DOB:** 10/21/1999 **Gender:** FEMALE **MRN:** 1378 **AGE:** 22 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: nasal congestion

HISTORY OF PRESENT ILLNESS: Pt is a 22 YOF who comes in with c/o sore throat and nasal congestion starting yesterday. She noted a HA for 2 days. She feels like it is sinus pressure. Denies N/V/D, fever, body aches, fatigue. No known COVID exposure.

VITALS: BP: 134/93 **Pulse:** 93; **Temp:** 97.9; **Resp:** 16; **Ht:** 66 in.; **Wt:** 138.4 lbs.; **BMI:** 22.33; **Pulse Oximetry:** 99%;
FDLMP: 07/13/22

ALLERGIES: No Known Drug Allergies

MEDICATIONS:
No Known Medications

PAST MEDICAL HISTORY: asthma, seasonal allergies.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies smoking or illicit drug use. Drinks alcohol socially.

FAMILY HISTORY: Mother- HTN, depression.

REVIEW OF SYSTEMS:
CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:
GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythema with no tonsil enlargement without exudates. No anterior or posterior cervical nodes palpated;

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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COVID Rapid Testing (1 unit(s)): In-House Lab
STREP A (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

R51.9 - HEADACHE, UNSPECIFIED (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R09.81 - NASAL CONGESTION
J00 - Acute nasopharyngitis [common cold]

PLAN:

S/S for two days with no fever. No nasal drainage. Post nasal gtt. Advised OTC Zyrtec and other allergy/cold medications. If fever develops or s/s worsen, she will call us.

Electronically signed by Maranda Fain, CRNP on 07/14/22 8:49 AM

Handwritten signature of M. Fain, CRNP in cursive script.